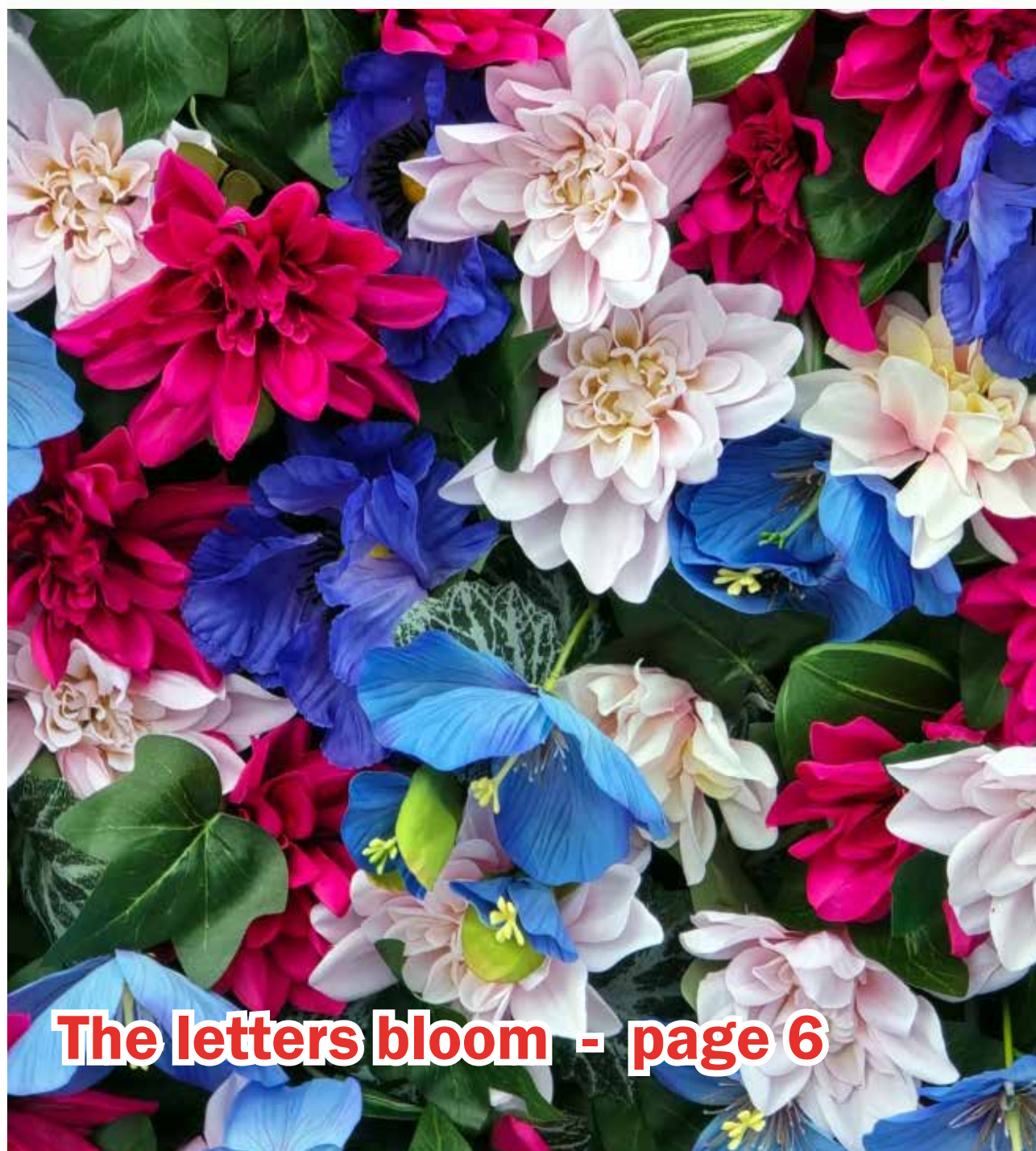


WASA DAILY



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LOCAL NEWS

SUMMER MARKET IN PÖRTOM TODAY

The smell of dumpling soup beckons – Pörtom's popular summer market is back

Summer in South Ostrobothnia would hardly be complete without the traditional summer market in Pörtom. On Sunday 12 July, the local history museum's grounds will once again be filled with market stalls, locally produced goods and the convivial atmosphere that attracts both locals and summer guests.

The market is open from 10:00 to 15:00, and about twenty vendors are expected to offer everything from handicrafts and homemade cakes to locally produced delicacies and other summer finds. For many visitors, the market is also an opportunity to meet old acquaintances and enjoy the historical environment around the museum buildings. One of the highlights of the day is the classic dumpling soup, which is served from 11:00. For those who prefer something sweet, there is also coffee service with freshly baked snacks. For many years, Pörtom's summer market has become a popular meeting place where traditions, local culture and summer atmosphere go hand in hand. The organisers are hoping for beautiful weather and many visitors – although Ostrobothnians usually say that coffee and dumpling soup taste just as good, regardless of the weather.

Anyone who comes hungry is not likely to go home disappointed – and perhaps not empty-handed.

Reference: Pörtom Hembygdsförening

WÄRTSILÄ

Wärtsilä receives a billion-order – to supply technology for nine state-of-the-art ferries



Finnish technology group Wärtsilä is strengthening its position in the maritime

TODAY

EDITORIAL

Literature Matters More Than We Can Imagine

In an age of end-less scrolling, in-stant headlines and shrinking attention spans, books may seem almost old-fa-shioned. Yet that is exactly why literatu-re has become more important than ever.

A good book offers so-mething that no social media feed can provide: time. Time to reflect, to understand another person's life, and to question our own as-sump-tions. Novels build empathy, non-fiction strengthens knowledge, and poetry reminds us that the deepest truths are often expressed in the fewest words.

Societies that value reading also tend to value education, inno-vation and democracy. Reading develops lan-guage, imagination and cri-tical thinking—qualities that are increasingly es-sential in a world filled with misinformation and superficial debate.

That is why Vaasa's com-mitment to literature de-serves recognition. From 12 to 14 November 2026, the bilingual LittFest will once again bring leading authors to the city, including Monika Fagerholm, Kjell Westö, Axel Åhman, Jessikka Aro, Enni Mustonen



and several others. This year's theme, "Reflec-tion," could hardly be more relevant, encoura-ging discussions about identity, history, climate, the future and human relationships. Reading circles organised befo-re the festival also help keep literature alive throughout the autumn.

We need electri-city to light our homes. But we need literature to illuminate our thoughts.

Vaasa is often called Finland's energy capital. That reputation is well deserved. But every city also needs another kind of energy—the energy of ideas. Literature fuels curiosity, creativity and meaningful conversa-tion.

People often say that one book can change a life. That may sound like a cliché. Yet history repe-atly proves that books have changed societies. Every new reader is the-refore more than a custo-mer in a bookshop—they are an investment in the future.

Photo Supplement



NEWS

industry of the future through a comprehensive agreement with the Italian shipping group Grimaldi Group. The company will supply a broad package of propulsion solutions for nine new RoPax ferries being built at China Merchants Shipbuilding Industry Group's shipyard in Weihai, China.

The new vessels are part of Grimaldi's major fleet renewal programme and the reduction of shipping's climate emissions. Four vessels will operate on Grimaldi Lines, three will go to Finnlines and two to Minoan Lines. The delivery includes Wärtsilä's fuel-flexible 46F engines, propeller systems, emission control systems and hybrid systems for Finnlines' vessels. The engines are designed to be able to adapt to the alternative fuels of the future and contribute to lower fuel consumption and emissions.

For Wärtsilä, which has one of its most important operations in Vaasa, the deal is further proof of the strong international demand for Finnish marine technology. At the same time, it strengthens the region's role as one of Europe's leading centres for sustainable energy solutions. The new ferries are expected to be some of the most environmentally friendly in their respective traffic areas. The fact that the ferries can also be prepared for future fuels makes them significantly more future-proof than many of today's ships – an investment that may prove to pay off for both the climate and the economy.

Caption: Wärtsilä will supply a range of propulsion solutions for nine newbuilt ferry vessels under construction for the Grimaldi Group's fleets. © Grimaldi Group
Reference: Wärtsilä, press release

HOUSING INVESTMENTS

Vaasa among the country's ten hottest cities for housing investors



The Ostrobothnian housing market continues to attract investors. In a recent comparison, Vaasa ranks among Finland's ten most attractive cities for housing investment, while Kokkola climbs all the way to fifth place. The success is based on a stable labour market, several higher education institutions and a steady demand for rental housing. Vaasa also has a strong industrial sector with many international companies, which means that the city attracts both students and

workers from other places. For those who are considering buying a rental apartment, the development indicates that Ostrobothnia is still a region to be reckoned with. The fact that the Helsinki Metropolitan Area no longer alone dominates the interest of investors shows that smaller cities can also offer good returns.

Source: STT Info, Vertailu: Suomen vuokranantajat.

VAASA 420 YEARS

Vaasa is in bloom for its 420th anniversary – the city's name has been given a summer costume



Anyone who walks through the centre of Vaasa will be greeted by an unusually colourful greeting this summer. The city's well-known VAASA letters have been decorated with flower arrangements to mark Vaasa's 420th anniversary.

The flowers are part of the anniversary celebrations and will give both residents and visitors an extra reason to stop, photograph and enjoy the summer city. In addition, a number of cultural and family events will be organised around the city during the anniversary year.

The blooming letters are expected to become a popular motif on social media. Of course, there is a risk that the flowers will be the city's most photographed residents this summer.

Location: Vaasa city centre.
Source: City of Vaasa.

BEACHES

Ready for a swim – Vaasa's beaches passed the water tests

This summer's water test gives the green light for swimmers in Vaasa. The city's official beaches meet quality requirements and the bathing water maintains a good hygienic standard according to the latest analyses. Samples are taken regularly during the bathing season to check bacteria levels and ensure that the bathing water is safe for the public. If the quality deteriorates, the

WELLBEING AREAS

CENTRAL OSTROBOTHNIA

Queues for special health care are shrinking –

Central Ostrobothnia shows clear improvement

Central Ostrobothnia – The availability of non-urgent specialised medical care has improved significantly in the wellbeing services county of Central Ostrobothnia. According to the latest data from the Ministry of Social Affairs and Health, most Finnish wellbeing services counties now meet the requirements for treatment within the statutory time.

This means that more and more patients are able to see a specialist and start their treatment faster than before. The development is seen as a result of a determined effort to reduce the waiting lists after the pandemic and improve care processes.

Only the wellbeing services counties of Central Finland and North Karelia and the HUS Group still have penalty notices left due to excessively long waiting times.

For patients in Central Ostrobothnia, the improvement means shorter waiting times and faster answers – something that rarely ends up on the headlines but is appreciated all the more in the waiting rooms.

Reference: Ministry of Social Affairs and Health

TICK PROBLEMS ARE INCREASING

TBE is on the rise in Western Uusimaa – residents are now encouraged to get vaccinated

Western Uusimaa – The number of cases of tick-borne encephalitis (TBE) has increased in the Western Uusimaa Wellbeing Services County. Therefore, the health authorities remind residents and holiday home owners of the importance of up-to-date vaccination protection for the rest of the tick season.

TBE is caused by a virus that is spread via tick bites. Unlike Lyme disease, there is no curative treatment once the disease has broken out. In severe cases, it can cause inflammation of the brain or meninges and lead to long-term problems.

Vaccination provides effective protection and is especially recommended for people who spend a lot of time in forests and fields or spend time in areas where the infection occurs.

At the same time, the authorities remind that daily tick checks, covering clothing and rapid removal of ticks are still the best basic protection. The ticks don't seem to take a vacation – not even when we do.

Reference: Western Uusimaa Wellbeing Services County

FINANCING IS SECURED

Municipalities get breathing space – the state postpones the deadline for the economy

Helsinki – Finland's Ministry of Social Affairs and Health is giving the wellbeing services counties more time to bring their economies into balance. According to a new ministerial decision, the deadline for covering accumulated deficits

will be extended until the end of 2028.

The previous timetable has been deemed too tight in view of the financial challenges faced by many wellbeing services counties. Through the extension, the Government hopes to give the areas better opportunities to implement long-term savings and operational changes without jeopardising residents' services.

However, the decision does not mean that the requirements for a sustainable economy disappear. The wellbeing services counties are expected to continue to improve their operations and productivity in the coming years.

For many decision-makers, the announcement will feel like a postponed deadline – but the bill still has to be paid.

THE WELLBEING SERVICES

Fewer sexually transmitted diseases in Ostrobothnia – at the same time more people dare to talk about sex



There is good news from the Wellbeing Services County of Ostrobothnia. The number of cases of multiple sexually transmitted infections has decreased, while residents are increasingly seeking advice and help on sexual health.

According to the wellbeing services county, a good sex life is not only about preventing diseases, but also about well-being, relationships and quality of life. That is why health care is investing in easily accessible advice, testing and information for people of all ages.

Experts emphasize that regular testing is still important in the case of unprotected sex or changing partners. The condom is still one of the most effective protection against sexually transmitted diseases.

WASA DAILY

Nearly everything You need to know on 12 pages

vpress.fi

NEWS

city will quickly inform about any bathing recommendations.

Even if the water quality is good, bathers are advised to use common sense. Heavy rainfall or algal blooms can temporarily affect the bathing water.



For those who have hesitated before the first swim of the year, there is good news – it is probably the temperature, not the water quality, that will be the biggest challenge. Source: City of Vaasa.

KUNTSI

Kuntsi's terrace comes to life – new entrepreneur invests in summer meeting place



Since Midsummer the terrace of the Kuntsi Museum of Modern Art in Vaasa will be filled with life and movement again. A new entrepreneur is taking over the business and wants to make the terrace a pleasant meeting place for both Vaasa residents and tourists during the summer. Visitors can look forward to café service, light food, refreshments and various summer events. The location by the scenic inner harbor makes the terrace one of the city's most attractive viewpoints, close to promenades, museums and the marina.

The investment is part of the city's ambition to create a vibrant cultural quarter around the harbour, where art, food and the marine environment meet. The hope is that the terrace will attract visitors well into late summer.

Source: City of Vaasa.

LIFTI

Now you can rent the muni-

FLIXBUS

Three years ago, Vaasa got a bus connection to Warsaw

FLIXBUS is expanding rapidly in Finland – but FlixTrain is not likely to appear in Finland



Three years ago, the idea of taking a direct bus from Vaasa to Warsaw was almost a curiosity. But today it is a reality – and a growing one. Since the German travel giant Flixbus expanded its route network to include the Vaasa region in 2023, the green long-distance buses have become a recurring feature of the cityscape.

“Demand has increased steadily and Vaasa has proven to be an important hub in our Nordic network,” says a spokesperson for Flixbus.

Vaasa was the northernmost terminus

When the Vaasa-Warsaw route was launched, Vaasa was something of a lonely outpost in Flixbus’ European map network. But that has quickly changed. Nowadays, Flixbus also serves other cities in Finland, including Rovaniemi, Joensuu and Kuopio. Vaasa is now part of a larger northern network that connects both domestic and international destinations.

For Vaasa residents, this means new opportunities for cheap and comfortable travel – not only within Finland, but all the way to Central Europe. The buses often go via Turku and Helsinki, continue by ferry to Tallinn or Stockholm, and then south to Poland and Germany. All under one ticket.

No FlixTrain trains to Finland in sight

At the same time as Flixbus

is expanding its network of bus routes in Finland, its sister company FlixTrain is expanding on the continent. Recently, the company announced a huge investment of €2.4 billion in 65 new high-speed trains. The trains are manufactured by Spanish Talgo and equipped with locomotives from Siemens.

FlixTrain aims to become a major player in affordable rail travel in Europe and especially in Germany, where the market for long-distance rail is expected to grow by 45 percent by 2030.

“We want to start a new era for train travel in Europe,” says Flix CEO André Schwämmlein. “Our goal is to make sustainable travel accessible to more people.

But Finland is not an option for FlixTrain. The Finnish railway infrastructure, with its different track width and limited connection to the rest of the European network, makes expansion here unlikely.

Climate-smart travel is gaining ground

The Flix Group’s growth is also based on an environmental strategy. According to the company, as much as 1.5 million tonnes of carbon dioxide emissions were avoided globally in 2024 thanks to passengers who chose Flixbus or FlixTrain instead of car or plane.

“Buses are our most powerful tool for democratising sustainable travel,” says Schwämmlein.

For Vaasa, this means that climate-smart and affordable travel is becoming increasingly accessible – and the range only seems to be growing. With five daily de-



partures soon to be a reality, the route to Warsaw may just be the beginning of a major shift in how people travel to, from and through the northern part of Europe.

Ingsva runs Flix bus tours

The Ostrobothnian bus company INGSVA (Ingves & Svanbäck) is FlixBus’ first Finnish partner. They run the green buses along the Vaasa-Pori-Turku-Helsinki route with daily departures. The easiest way to book tickets and timetables is directly via FlixBus.

“INGSVA aims to expand in long-haul travel, and we see FlixBus as the perfect partner to achieve that growth goal. This expansion will provide expanded access to long-distance bus travel within Finland while strengthening connections with the rest of Europe. For us, the partnership means new products and new markets, as well as the added value that FlixBus’ expertise brings,” says Kennet Svanbäck, CEO of INGSVA in a press release.

city’s electric car even in the middle of the day



Driving an electric car no longer has to mean owning your own. During the summer, the City of Vaasa will make it much easier to try electric driving when the city’s Mini-Lifti cars will be available to the public even during office hours.

Normally, the cars are used by the city’s staff during the working day, but between 29 June and 2 August, when many employees are on holiday, the booking system is also opened to residents. The temporary solution gives more people the opportunity to rent a modern electric car for excursions, shopping or other errands, for example.

The investment is part of the city’s work to promote sustainable transport and better utilise the municipality’s vehicle fleet. Instead of the cars being parked for large parts of the summer, they can now be used by residents, which both reduces the environmental impact and increases the benefit of the city’s investments.

Mini-Lifti is a digital car pool where booking, unlocking and payment are done via a mobile application. Anyone who wants to rent the car needs to register in the service and have a valid driver’s license.

Similar solutions have become increasingly common in Finland and are seen as a way to reduce the need for private car ownership, especially in urban areas where many journeys are short.

Time: 29 June–2 August 2026.

Location: Vaasa. Booking is done via the Mini-Lifti app.



KORSHOLM

The municipality’s electric cars will be available to everyone – smart summer investment in Mustasaari

AI

Claude Science: Anthropic's New AI Tool That Could Transform Scientific Research



Launched on June 30, 2026, Claude Science is Anthropic's most ambitious product since Claude Code – and it could change how drugs are discovered and science gets done.

Anthropic unveiled Claude Science at a San Francisco event packed with pharmaceutical executives, biotech founders, and university researchers. The announcement is significant: Anthropic is placing AI-driven science on the same strategic level as coding and workplace productivity.

What Exactly Is Claude Science?

Claude Science is not a new AI model. It runs the same Claude models already available to everyone today, including Claude Opus 4.8, with no special access and no gating. What makes it powerful is what surrounds the model: Claude Science

is pre-configured for genomics, single-cell analysis, proteomics, and cheminformatics, backed by more than 60 scientific databases. When you ask Claude Science a question in plain language, specialist agents query and synthesize across all of these sources so you don't have to navigate them individually.

Think of it as giving a scientist a single cockpit instead of thirty separate instruments.

How Is It Different from Simply Using Opus?

The difference is workflow, not raw intelligence. A coordinating agent hands tasks to specialist sub-agents, while a separate reviewer agent checks every citation and calculation and fixes errors as it goes. Results are fully reproducible – every figure comes with the exact code, environment details, and creation history that produced it.

That matters enormously in science, where reproducibility is everything.

Before Claude Science, it could take a research team as many as two years to write a comprehensive review. Scientists using the platform have now produced around ten reviews, many more than 100 pages, with citations checked by reviewer agents.

Drug Development: A Potential Game-Changer

One researcher estimates Claude Science could reduce drug development from the current 10 to 15 years on average to two to five years – though he stresses it is "not a shortcut to discovery, it's a co-pilot that requires a skilled pilot." Anthropic itself plans to use Claude Science in its own drug development programs, focused on neglected diseases that traditional pharma ignores.

Major organisa-

tions including Novo Nordisk and the Allen Institute are already testing it.

Who Can Use It – and What Does It Cost?

Claude Science is available in beta on macOS and Linux for Pro, Max, Team, and Enterprise plans. If you already pay for Claude Pro (around \$20 per month), you have access. Anthropic is offering discounted Team seats for active labs at universities and nonprofit research groups, and will back up to 50 research projects with as much as \$30,000 in compute credits each. Applications stay open through July 15, 2026.

For students and the general public, the message is simple: if you have a paid Claude subscription, Claude Science is already there waiting – no upgrade needed, no extra fee.

Sources: Anthropic, MIT Technology Review, TechCrunch, STAT News,

Anyone who wants to try driving an electric car this summer now has a new opportunity in Mustasaari. During the holiday season, the municipality will open its own car pool to the public, which means that residents and visitors can rent the municipality's electric cars even during the day.

Normally, the vehicles are used by the municipality's employees in their work, but when operations are at a low speed during the summer, many cars are unused. Instead of leaving them parked, the municipality wants to give them new life by offering them to the residents. The initiative runs between 29 June and 2 August 2026.

The cars are booked via the digital service Mini-Lifti, where the user registers, books the car with their mobile phone and unlocks it directly via the app. The electric cars can be used for everything from shopping trips and family outings to visits to family and friends. The municipality hopes that the project will get more people to discover the benefits of electric cars and the sharing economy. By using the same car by several people, the need for private cars is reduced, while the municipality's vehicles are used significantly more efficiently.

Electric cars are also an environmentally friendly alternative that contributes to lower emissions and less noise. Similar carpools have grown rapidly around Finland, and experience shows that many people choose to continue using sharing services even after they have tried them for the first time.

For Korsholm, the initiative is also a way to show how municipal resources can benefit residents even outside of regular activities. Time: 29 June–2 August 2026.

Reference: Mustasaari Municipality (kors-holm.fi).

MICROSOFT

Microsoft reserves huge land area – could pave the way for new billion-dollar investment

A new step towards a possible giant investment has been taken in the Vaasa region. Microsoft has reserved about 190 hectares of land in Mustasaari and Vaasa to investigate the possibilities for future establishments.

The land reservation does not yet imply a final investment decision, but shows that the region continues to attract international interest. The area offers good access to electricity, modern infrastructure and proximity to the leading energy technology clusters in the Nordic region. Data centers and AI infrastructure require large amounts of electricity and advanced grid solutions – something that the Vaasa region has good conditions to offer. If the project goes ahead, it could mean significant investments, new jobs and a strengthened international profile for the entire region.

Source: Mustasaari Municipality.

ELLY SIGFRIDS SQUARE

The Summer Market is back – every Thursday Smedsby is filled with life

VAASA 420 YEARS OLD

Vaasa is in bloom for its 420th anniversary – the city’s icon gets a colourful summer outfit



Anyone who walks through the Inner Harbour this summer is unlikely to miss the city’s most photographed landmark. The well-known VAA-SA letters have been given a completely new look – adorned with thousands of colourful artificial flowers that mark Vaasa’s 420th anniversary in 2026.

The flower installation will be completed during week 28 and will light up the harbour area until the autumn. The investment is part of the anniversary celebrations ahead of the city’s official birthday on October 2, 2026, when further festivities are expected to be presented.

Behind the decorations



is the local company Vaasa Bloom, which has chosen floral colours inspired by the city’s own graphic profile. The materials have also been chosen with the environment in mind. The flowers are made from recycled or renewable materials and can be reused in future projects, making the decoration last significantly longer than a traditional summer planting.

In recent years, the Vaasa letters have become an obvious stop for both tourists and Vaasa residents who want to take a holiday picture or post a postcard-beautiful motif on social media. The city’s hope is that the flowering letters will attract even more visitors to the Inner Harbour during the summer.

And of course, there is a small risk – or possibility – that the flowers will be almost as photographed as the people in front of them.

Reference: City of Vaasa, press release



The summer will once again be full of market atmosphere at Elly Sigfrid’s square in Smedsby. From 4 June to 13 August 2026, a summer market will be held every Thursday, where local entrepreneurs, food artisans and associations gather to meet visitors.

The square offers locally produced food, handicrafts, flowers and other local products. At the same time, the square will be a natural meeting place with music, activities and a vibrant street life that attracts both municipal residents and summer guests.

The summer market has become a cherished tradition in Mustasaari and is an important part of the municipality’s work to strengthen local commerce and create life in the city centre during the summer months.

Time: Every Thursday 4 June–13 August 2026.
Location: Elly Sigfrids torg, Smedsby, Mustasaari.
Source: Mustasaari Municipality.

CITY ORCHESTRA

META

Free Music by the Sea – Strömsö to Host Two Summer Concerts



Summer evenings in Vaasa are about to get even more memorable. The Vaasa City Orchestra will perform two free outdoor concerts at Strömsö, offering audiences a chance to enjoy live music in one of the region’s most picturesque seaside settings.

The concerts will take place on July 14 and July 16, 2026, at Strömsö in Vaasa. Audiences can expect a varied programme featuring classical music, tango, folk melodies and beloved popular tunes. The performances will be given by smaller ensembles from the city orchestra, creating an intimate atmosphere close to the audience.

With free admission and a beautiful waterfront backdrop, the concerts are expected to attract both local residents and summer visitors. Organisers hope the events will become a highlight of Vaasa’s cultural summer season.

Venue: Strömsö, Vaasa, Finland
Dates: July 14 and July 16, 2026
Admission: Free
Source: City of Vaasa / Vaasa City Orchestra

MUSIC

KORSHOLM MUSIC FESTIVAL

Korsholm Music Festival – A Classical Music Celebration in the Heart of Ostrobothnia, 22–29 July 2026



Few places combine world-class music, Nordic summer light and breathtaking coastal scenery quite like the Korsholm Music Festival. From 22 to 29 July 2026, the festival once again transforms Vaasa and Korsholm into one of Finland’s leading destinations for classical music.

This year’s theme, “Across the Atlantic,” takes audiences on a musical journey linking Europe with North and South America. From Baroque masterpieces and chamber music to contemporary works, jazz, soul and family performances, the programme offers something for experienced concertgoers and curious newcomers alike.

More than one hundred musicians from Finland and abroad will perform in nearly thirty concerts held in churches, museums, concert halls and unique historical venues across the region. One of the highlights is the official opening concert, “From the New World,” on 23 July at 7 p.m. in Korsholm Church, featuring the Vaasa City Orchestra, conductor Johannes Gustavsson and artistic director Jan-Erik Gustafsson. The programme includes Antonín Dvořák’s famous Ninth Symphony alongside a world premiere by Vladimir Agopov.

Visitors can also enjoy free lunchtime concerts, family performances, masterclasses and innovative collaborations that bring classical music to new audiences. Since its founding in 1983, the festival has earned an international reputation for artistic excellence while maintaining an intimate atmosphere where audiences and performers meet face to face.

Add the magical Nordic summer evenings, the beautiful Ostrobothnian coastline and the warm hospitality of the region, and it becomes easy to understand why so many visitors return year after year.

This is more than a music festival—it is a celebration of culture, creativity and unforgettable summer memories.

Source: Korsholm Music Festival, www.kmf.fi.
Photos from the festival 2024.



NEWS

UNIVERSITY OF VAASA

University of Vaasa targets global growth for Finnish SMEs through circular economy



Finnish small and medium-sized enterprises have made significant progress in the circular economy, but many struggle to transfer their business models successfully to international markets. University of Vaasa aims to change that through a new research project funded by Business Finland.

The project will develop practical tools to help companies adapt circular business models to different countries and market conditions. A concept that works well in Finland may require major adjustments before it succeeds in Germany, the United States or other export markets.

Industrial partners include Genelec, JTA Connection, Tonester and Uwira. The €270,000 project seeks to strengthen exports, improve competitiveness and accelerate international growth for Finnish SMEs.

As sustainability becomes an increasingly important business advantage worldwide, researchers believe Finland has the expertise to lead—provided its circular economy innovations can successfully cross borders.
Source: University of Vaasa

AI

AI Europeans now allowed to use Fable 5 – Anthropic’s most powerful AI is back

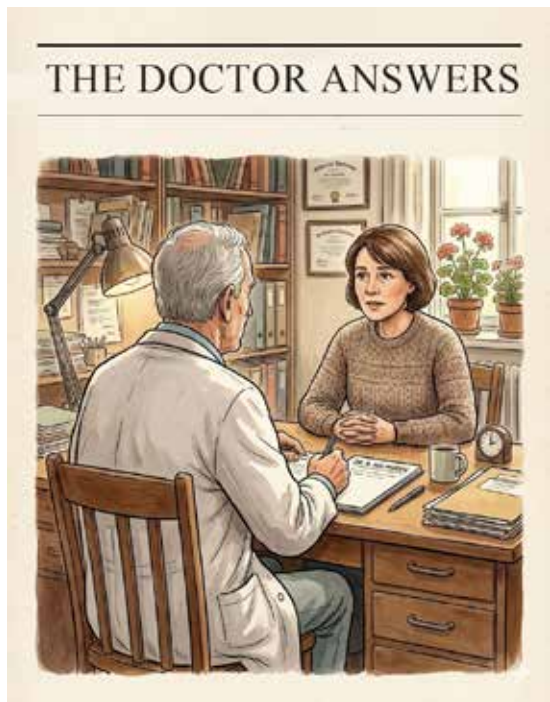


After three weeks of unexpected stop,

HEALTH

THE DOCTOR ANSWERS

Five simple habits can give you up to 14 extra healthy years



"Here in Ostrobothnia, we live a long time, especially the women. But maybe there are ways of life that make us live even longer? What are they? And preferably fairly simple ones, which are easy to follow."

You're right. Ostrobothnia is one of the parts of Finland where life expectancy is high, and many people live an active life well into their old age. But research shows that we can actually affect our lifespan more than we might think.

A large American study from the Harvard T.H. Chan School of Public Health, in which over 120,000 people were followed over several decades, showed that people who followed five simple lifestyles lived significantly longer than others. Women had an average of 14 extra years of life, while men lived about 12 years longer.

The five pieces of advice are surprisingly simple:

1. Don't smoke. Tobacco is still the single most important cause of illness and premature death. Quitting smoking is the most profitable health benefit you can make – regardless of age.

2. Maintain a normal weight. It's not about being thin, but about avoiding severe obesity, which increases the risk of diabetes, cardiovascular disease and several cancers, among other things.

3. Move every day. Even about 30 minutes of brisk walking or other moderate exercise most days of the week makes a big difference. A walk along the beach or in the woods goes a long way.

4. Eat healthy. Fill your plate with vegetables, berries, fruit, whole grains, fish and healthy fats. This does not mean that you should never enjoy a piece of cake – but let everyday life be healthy.

5. Be moderate with the alcohol. Low or no alcohol intake is linked to better health and longer life. There are also other habits that research is increasingly highlighting: get enough sleep, keep your brain active by reading and learning new things, nurture your friendships, and try to reduce long-term stress. People with a rich social life live on average both longer and happier.

No one can promise a long life. Our genes also play a role. But most researchers agree that lifestyle matters more than many people think. The great thing is that it's never too late to start. Even small changes provide measurable health benefits.

Perhaps the secret to a long life is not a remarkable miracle – but many small, wise decisions, made day after day.

Source: Harvard T.H. Chan School of Public Health, Following five healthy lifestyle habits may increase life expectancy by decade.

NEWS

Anthropic's most capable AI models are available to users in Europe again. Here's everything you need to know about what's going on – and what you'll actually have access to.

On July 1, 2026, Anthropic announced that the export barriers for Fable 5 and Mythos 5 have been lifted, and that as of Wednesday, July 1, Fable 5 will be available globally on Claude Platform, Claude.ai, Claude Code, and Claude Cowork. This is welcome news for Finnish users who have experienced the simply disappearance of their most powerful AI tools for three weeks.

What is Fable 5 – and what makes it so special?

Fable 5 is Anthropic's most capable model made widely available. It is top-notch on almost all tested AI benchmarks, with exceptional performance in programming, knowledge work, image analysis, scientific research, and many other areas. The longer and more complex the tasks, the bigger the Fable 5's lead over previous models.

For the average Finnish user, the difference is tangible: complex text analyzers such as faster and deeper, long documents – up to a million tokens, about 750,000 words – are managed in a single context, and the programming support is significantly better than in previous versions.

Mythos 5, which shares the same underlying model but with fewer security filters, is positioned as the world's most advanced AI for programming and agent-based AI – that is, systems that can autonomously perform complex tasks. However, Mythos 5 is not available, but only to selected organizations within the American security program Project Glasswing.

Why were the models banned?

On June 12, 2026, Anthropic received a directive from the US government and was forced to shut down Fable 5 and Mythos 5 globally. The reason was that Amazon researchers had found a way to bypass Fable 5's security filters – models had identified software flaws and, in one case, produced code that showed how a vulnerable could be exploited.

However, Anthropic's tests confirmed that many less capable models – including Claude Opus 4.8, GPT-5.5, and Kimi K2.7 – were able to identify the same vulnerable devices. And when it came to demonstrating how the vulnerability could be exploited, each tested model was able to produce the same results. In other words: the stop was not proportionate. Anthropic quickly trained and improved security classifiers that block the reported behavior.

In Europe, the stop provoked strong reactions. Austria's State Secretary for Digitalisation, Alexander Pröll, sent a formal letter to European Commission Executive Vice-President Henna Virkkunen, urging EU countries to explore the possibility of giving Anthropic a European home – citing the US restrictions as the direct reason.

What does it cost – and who does well with Opus?

Fable 5 and Mythos 5 are priced at \$10 per million tokens entered and \$50 per million tokens output via the API.

For Pro, Max, Team, and some Enterprise plans, Fable 5 includes up to 50 per cent of the weekly usage limits until 7 July, after which models will become available via paid credits.

Anyone who handles common tasks – email writing, simple text summaries, basic questions

and answers – can do just fine with Claude Opus 4.8 at a significantly lower cost. Fable 5 is above all worth the price for demanding, lengthy and technically complex tasks where the difference in quality is actually visible.

Source: Anthropic, Claude Platform Docs, AI Tools Review

GPT Live

The Voice of the Future: OpenAI Unveils GPT-Live

Communication is undergoing a radical transformation. OpenAI has officially launched "GPT-Live," a conversational AI capable of true full-duplex interaction. Unlike previous chatbots that required a "ping-pong" style of back-and-forth, this system listens, reasons, and speaks simultaneously. With integrated live translation and intelligent task delegation, the tool is designed to act more like a human collaborator than a software program. Early testers suggest this is the final hurdle in making AI assistants feel truly present, potentially ending the era of awkward pauses in digital conversations. The shift signals a move toward AI that doesn't just process data—it engages in the fluid rhythm of human thought.

DRIVING

EU Road Safety: AI Eyes on the Driver

Starting this week, the European Union has mandated that all newly registered vehicles must be equipped with AI-powered driver distraction detection systems. The technology continuously analyzes head movements and gaze patterns to identify signs of fatigue or inattention. Officials emphasize that the system is designed strictly for safety: it provides alerts but does not record or transmit footage to authorities, addressing long-standing privacy concerns. As vehicle automation increases, regulators are moving faster to ensure that "human-in-the-loop" systems remain reliable. For commuters, the change means your car is now officially watching out for your focus, marking a new chapter in smart automotive security.

OPENAI

Apple Takes Legal Aim at OpenAI

The rivalry between Silicon Valley giants has reached a courtroom climax. Apple has filed a major lawsuit against OpenAI, alleging the theft of proprietary trade secrets. The suit claims that OpenAI's rapid development cycle relied on unauthorized access to internal Apple research regarding on-device AI efficiency. Industry analysts view the case as a watershed moment that will define how intellectual property is handled in the age of generative models. With billions in infrastructure spending on the line, the legal battle highlights the cutthroat nature of the current "AI arms race" as companies scramble to secure a technological edge over their competitors.

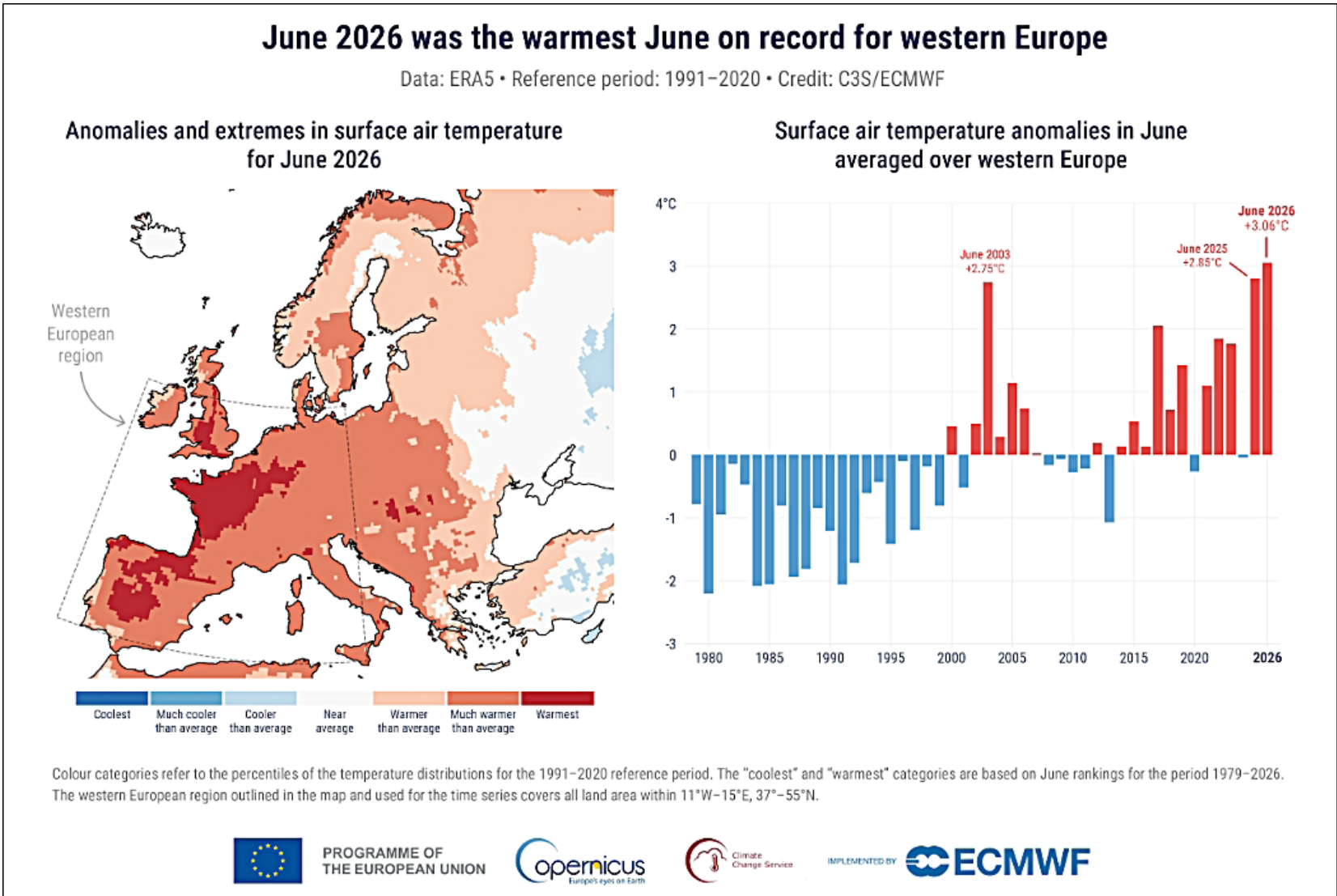
Reference: Global Tech Law Review, July 2026

AI AGENTS

The New "Agents": Beyond the Chatbot

The buzzword of the month is no longer "chatbot"—it's "agent." Experts note that 2026 marks the year AI moved from simply answering questions to autonomously executing complex, multi-step projects. From researching market trends to scheduling meetings and logging data in CRM systems, these agents are now being deployed in enterprise environments with minimal human oversight. While the productivity gains are immense, businesses are being cautioned to maintain "human-in-the-loop" approval for high-risk actions. The transition from passive assistance to active execution is rewriting job descriptions across every sector, forcing companies to rethink their workflows and their reliance on

CLIMATE CHANGE



(Left) Map showing anomalies and extremes in surface air temperature for June 2026. Colour categories refer to the percentiles of the temperature distributions for the 1991–2020 reference period. The extreme (“coolest” and “warmest”) categories are based on June rankings for the period 1979–2026. (Right) Bar chart showing monthly surface air temperature anomalies in June averaged over western Europe (11°W–15°E, 37°–55°N). Anomalies are relative to the June average for the 1991–2020 period. Data source: ERA5. Credit: C3S/ECMWF.

CLIMATE CHANGE

C3S

Europe sizzles – record heatwave marks hottest June ever

Western Europe experienced its hottest June on record in 2026, according to the Copernicus Climate Change Service (C3S). From Paris to Lisbon, thermometers soared past 40°C, turning city streets into open-air saunas.

Globally, June ranked as the second warmest ever recorded, highlighting the accelerating pace of climate change. Yet amid the heat, solar power generation hit new highs, and beach resorts reported record visitor numbers.

“This is both a warning and an opportunity,” said Samantha Burgess, Deputy Director of C3S. “We’re seeing the future unfold before our eyes – but we still have time to act.”

Scientists note that extreme heatwaves are becoming more frequent, but Europe’s response is also intensifying: renewable energy investments, urban cooling projects, and climate-smart agriculture are all expanding.

So while the sun blazed mercilessly, it also

powered hope – a reminder that the same force heating our planet could help save it.

Reference: Copernicus Climate Change Service (C3S)

VASABLADET July 3, .26

Björn Nyberg: Climate change is worse than war

In recent days, it has come close to us again, the biggest problem on earth. Climate change shot up the temperature to record highs in half of Europe's 850 largest cities for a few days. People and sheep died, schools closed, electricity consumption rose and transport came to a standstill. In London, due to the heat, a conference on how society can cope with a warmer climate had to be cancelled. And yes, heat waves have always existed, they are natural. But just over twenty years ago, this heat wave would have been two degrees cooler because climate change had not reached that far then.

Perhaps the only positive thing about this latest heat is that it hopefully puts climate change back on the agenda. For the past four years, it has been war and threats to democracy that have acted as enemy number one. That is wrong, if climate change continues, democracy will ultimately have no society to take care of.

...

So it is important to be alert and do what we can for the climate. Climate change is worse than war, and if it has not already led to war, it will.

CLIMATE CHANGE

Finland's emissions are falling – but the climate target is still a long way off

Finland's Annual Climate Change Report for 2026, published in Helsinki on 27 June, shows that the country's net emissions decreased by six per cent compared to the previous year. The reduction is mainly due to lower emissions in the energy sector and industry, as well as continued strong uptake of carbon dioxide in forests. Despite the improvement, the distance to the goal of carbon neutrality by 2035 is still great. The Government notes that emissions must be reduced much faster, especially in transport, agriculture and heating. This year's report also points out that the carbon sink of forests is more uncertain than before, which makes the climate target even more challenging. The Annual Climate Report is part of the Government's statutory monitoring and is presented annually to Parliament. It serves as a steering document for future climate action and clearly shows that Finland needs tighter policy instruments and a faster transition to stay on course towards 2035.

Reference: Government

EVENTS

TODAY

SUMMER MARKET IN PÖRTOM TODAY

The smell of dumpling soup beckons – Pörtom's popular summer market is back

Summer in South Ostrobothnia would hardly be complete without the traditional summer market in Pörtom. On Sunday 12 July, the local history museum's grounds will once again be filled with market stalls, locally produced goods and the convivial atmosphere that attracts both locals and summer guests. The market is open from 10:00 to 15:00, and about twenty vendors are expected to offer everything from handicrafts and homemade cakes to locally produced delicacies and other summer finds. For many visitors, the market is also an opportunity to meet old acquaintances and enjoy the historical environment around the museum buildings. One of the highlights of the day is the classic dumpling soup, which is served from 11:00. For those who prefer something sweet, there is also coffee service with freshly baked snacks. For many years, Pörtom's summer market has become a popular meeting place where traditions, local culture and summer atmosphere go hand in hand. The organisers are hoping for beautiful weather and many visitors – although Ostrobothnians usually say that coffee and dumpling soup taste just as good, regardless of the weather. Anyone who comes hungry is not likely to go home disappointed – and perhaps not empty-handed. Reference: Pörtom Hembygdsförening

KORPHOLMEN

The leper colony opens its gates – a rare glimpse into a forgotten chapter of history



This Sunday, Korpholmen leprosy

hospital in Kronoby opens to the public from 1 to 5 PM. Visitors can explore the hospital buildings, the church, and an exhibition hall featuring summer art by Auli-Maritta Ruuskanen. The event is free and organised by the Kronoby local history society. Don't miss this chance to step into one of Ostrobothnia's most evocative historical sites – where patients once lived out their lives in isolation. Source: <http://kronoby.hembygd.fi>

METEORIIHI

When space struck Earth – Meteorian open today



Dive into the story of a crater formed over 520 million years ago – from the meteorite impact to today's farmland and Natura 2000 area. Explore rare meteorites, old farming machinery, an astronomical observatory, and a bird tower in one of Finland's most important crane resting sites. A solar system model and crater scale model bring the cosmos down to earth. Don't miss this journey through deep time! Source: <http://www.meteoriihi.fi>

JULY

EVENING MUSIC

50 years of free evening music in Vaasa – stars take over Vaasa Church



June – 14 August 2026 – Every Wednesday at 7.30 pm, completely free. The evening music at the Trinity Church has been a summer classic for 50 years. And This year it is being celebrated in earnest. The organ has its place, of course – it is, after all, one of the finest churches in Finland. But the singing, violin, piano, clarinet and cello also shine. The artists? Well-known Finnish musicians and international guest performers. High-quality, free and open to all. So simple, so good. Bring a friend and enjoy the bright June evenings until mid-August. Source: Bothnia Classic

KORSHOLM MUSIC FESTIVAL

Korsholm Music Festival

turns 40+ – stars take over the clear nights of the west coast

22–31 July 2026

Warm summer evenings. Clear nights. And top-notch music. Since 1983, Kors-holm Music Festival has been a chamber music festival unlike any other. The founder, cellist Seppo Kimanen, would be proud. Since 2023, cellist Jan-Erik Gustafs-son has led the festival, which attracts the cream of Finnish and international art musicians. Experience the unique surroundings of the west coast as dusk falls. Bring a picnic basket – and a handkerchief. It can be so beautiful that it hurts. Source: Bothnia Classic

KAAOS FESTIVAL

The metal storm returns to Vaasa – Kaaos Festival gears up for a new invasion

After last year's success, Kaaos Festival is making a comeback in Vaasa – and the organizers promise even heavier names and a larger audience in the summer of 2026. The festival will be held in Vaskiluoto on 24–25 July 2026 in the old Wasalandia area, which will be transformed into a massive festival area for hard rock and metal fans from all over the Nordic region. Last year's debut attracted audiences far beyond Ostrobothnia and brought Vaasa international attention in the metal scene. Now the organizers are hoping for an even greater impact. The festival is marketed as one of the most intense metal experiences of the summer in Finland, with both international and Finnish bands on the program.

Hotel bookings in Vaasa are already expected to increase ahead of the festival weekend. Source: Kaaos Festival – <https://kaaosfestival.fi/>

UUSIKAUPUNKI

Crusell Week blows in with French elegance. The Vaasa Philharmonic Orchestra participates

Uusikaupunki will be transformed into the capital of music from 27 July to 2 August 2026 when Crusell Week takes over the city's squares, churches and auditoriums. The festival opens with Avajaispuhallus on the square (27.7 at 12 noon), and the week offers everything from the children's concert Freija to the grand Grand Concert Festif in the New Church (30.7 at 6 pm) with the Vaasa Philharmonic Orchestra and Helena Juntunen as soloist. The evenings end with lantern concerts and French tunes under the stars. Source: crusell.fi/konsertit-2026

VASA FESTIVAL

A star-studded party by the water

Vaasa Festival opens its doors for the eleventh year in a row – and offers a cavalcade of artists that will make your mouth water. We have already seen names like Robin Packalen, Isac Elliot and Nordman. Three days of music, food and a great atmosphere in the inner harbor. Remember that the VIP area has its own entrance, toilets and the best view of the stage. Age limit 18 years. • When: July 30 – August 1, 2026 • Where: Vaasa city center, inner harbora

AUGUST

VAASAN MARSSI

7-9.8.2026

42 kilometres, sea views and no stopwatch – Vaasa prepares for massive walking event

The city of Vaasa will once again become a hub for endurance walkers when the international Vaasan Marssi takes place from 7 to 9 August 2026. The three-day event begins daily from Market Square at Hovioikeudenpuistikko 15a and attracts participants from across Finland and abroad. Walkers can choose routes ranging from 10 kilometres to a demanding 42-kilometre challenge. The event features scenic routes through Strömsö, Old Vaasa and the UNESCO World Heritage archipelago area. Organisers stress that the event is not a race – there is no timekeeping – but the physical challenge is still significant, especially for those attempting several days in a row. Vaasan Marssi is also Finland's only IML-recognised walking event.

VASA FUTURE FESTIVAL

The future is here – and it is the New Nordic



Vaasa will once again become a center for future optimists when the Wasa Future Festival kicks off. For ten days, companies, decision-makers, researchers and artists will gather to build a better tomorrow under the theme "New Nordic". You will come here to network, be inspired and make a real difference. Expect both serious and crazy ideas – all on the same stage. • When: 10–15 August 2026 • Where: Wasa Innovation Center & Bock's Village, Vaasa

NIGHT OF ART AUG 13

Night of Art: The whole of Vaasa becomes a big stage



UKRAINE PRESIDENT

World’s Interest in Ukraine Must Become Deep Knowledge – Olena Zelenska at the Opening of the First International Conference of Ukrainian Studies



First Lady of Ukraine Olena Zelenska brought together participants at the First International Conference of Ukrainian Studies “Ukraine in the World” held across all continents.

in Lviv. The event brought together more than 250 scholars, lecturers, and researchers in Ukrainian studies from 38 countries in Lviv. The event brought together more than 250 scholars, lecturers, and researchers in Ukrainian studies from 38 countries

this interest not remain temporary or superficial. It must grow into deep, genuine knowledge and understanding of our country. That is exactly what the Global Coalition of Ukrainian Studies is working to achieve,” the First Lady emphasized.

The conference also marked the inaugural presentation of the Ukrainian Studies Distinguished Award, a new international distinction

established by the Global Coalition of Ukrainian Studies to recognize universities, research centers, organizations, and scholars whose work advances Ukrainian and Crimean Tatar studies around the world.

During the conference, eight more universities joined the Global Coalition of Ukrainian Studies, bringing its membership to 100 institutions from 27

countries. The Global Coalition of Ukrainian Studies is a Ukrainian state initiative implemented under the patronage of the First Lady. Launched in the United States in July 2024, it aims to unite educational institutions around the world through the study of Ukraine, its culture, language, history, and present, as well as the history and culture of temporarily occupied Crimea.

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ART EXPERIENCE OF THE WEEK



Ferdinand von Wright
19.3.1822, Haminalahti
31.7.1906, Haminalahti
An Eagle-Owl Seizes a Hare, 1860
Finnish National Gallery Collection / Ateneum Art Museum
Photo: Finnish National Gallery / Museoimage

George Orwell 1984 Part 35

As for sending a letter through the mails, it was out of the question. By a routine that was not even secret, all letters were opened in transit. Actually, few people ever wrote letters. For the messages that it was occasionally necessary to send, there were printed postcards with long lists of phrases, and you struck out the ones that were inapplicable. In any case he did not know the girl’s name, let alone her address. Finally he decided that the safest place was the canteen. If he could get her at a table by herself, somewhere in the middle of the room, not too near the telescreens, and with a sufficient buzz of conversation all round—if these conditions endured for, say, thirty seconds, it might be possible to exchange a few words.

For a week after this, life was like a restless dream. On the next day she did not appear in the canteen until he was leaving it, the whistle having already blown. Presumably she had been changed on to a later shift. They passed each other without a glance. On the day after that she was in the canteen at the usual time, but with three other girls and immediately under a telescreen. Then for three dreadful days she did not appear at all. His whole mind and body seemed to be afflicted with an unbearable sensitivity, a sort of transparency, which made every movement, every sound, every contact, every word that he had to speak or listen to, an agony. Even in sleep he could not altogether escape from her image. He did not touch the diary during those days. If there was any relief, it was in his work, in which he could sometimes forget himself for ten minutes at a stretch. He had absolutely no clue as to what had happened to her. There was no enquiry he could make. She might have been vaporized, she might have committed suicide, she might have been transferred to the other end of Oceania: worst and likeliest of all, she might simply have changed her mind and decided to avoid him.

The next day she reappeared. Her arm was out of the sling and she had a band of sticking-plaster round her wrist. The relief of seeing her was so great that he could not resist staring directly at her for several seconds. On the following day he very nearly succeeded in speaking to her. When he came into the canteen she was sitting at a table well out from the wall, and was quite alone. It was early, and the place was not very full. The queue edged forward till Winston was almost at the counter, then was held up for two minutes because someone in front was complaining that he had not received his tablet of saccharine. But the girl was still alone

when Winston secured his tray and began to make for her table. He walked casually towards her, his eyes searching for a place at some table beyond her. She was perhaps three metres away from him. Another two seconds would do it. Then a voice behind him called, ‘Smith!’ He pretended not to hear. ‘Smith!’ repeated the voice, more loudly. It was no use. He turned round. A blond-headed, silly-faced young man named Wilsner, whom he barely knew, was inviting him with a smile to a vacant place at his table. It was not safe to refuse. After having been recognized, he could not go and sit at a table with an unattended girl. It was too noticeable. He sat down with a friendly smile. The silly blond face beamed into his. Winston had a hallucination of himself smashing a pick-axe right into the middle of it. The girl’s table filled up a few minutes later.

But she must have seen him coming towards her, and perhaps she would take the hint. Next day he took care to arrive early. Surely enough, she was at a table in about the same place, and again alone. The person immediately ahead of him in the queue was a small, swiftly-moving, beetle-like man with a flat face and tiny, suspicious eyes. As Winston turned away from the counter with his tray, he saw that the little man was making straight for the girl’s table. His hopes sank again. There was a vacant place at a table further away, but something in the little man’s appearance suggested that he would be sufficiently attentive to his own comfort to choose the emptiest table. With ice at his heart Winston followed. It was no use



unless he could get the girl alone. At this moment there was a tremendous crash. The little man was sprawling on all fours, his tray had gone flying, two streams of soup and coffee were flowing across the floor. He started to his feet with a malignant glance at Winston, whom he evidently suspected of having tripped him up. But it was all right. Five seconds later, with a thundering heart, Winston was sitting at the girl’s table.

He did not look at her. He unpacked his tray and promptly began eating. It was all-important to speak at once, before anyone else came, but now a terrible fear had taken possession of him. A week had gone by since she had first approached him. She would have changed her mind, she must have changed her mind! It was impossible that this affair should end successfully; such things did not happen in real life. He might have flinched altogether from speaking if at this moment he had not seen Ampleforth, the hairy-eared poet, wandering limply round the room with a tray, looking for a place to sit down. In his vague way Ampleforth was attached to Winston, and would certainly sit down at his table if he caught sight of him. There was perhaps a minute in which to act. Both Winston and the girl were eating steadily. The stuff they were eating was a thin stew, actually a soup, of haricot beans. In a low murmur Winston began speaking. Neither of them looked up; steadily they spooned the watery stuff into their mouths, and between spoonfuls exchanged the few necessary words in low expressionless voices.

‘What time do you leave work?’
‘Eighteen-thirty.’
‘Where can we meet?’
‘Victory Square, near the monument.’
‘It’s full of telescreens.’
‘It doesn’t matter if there’s a crowd.’
‘Any signal?’
‘No. Don’t come up to me until you see me among a lot of people. And don’t look at me. Just keep somewhere near me.’
‘What time?’

HUMOUR ONE HUND- RED YEARS AGO

LUNDBERG
— Do you know Lundberg? — Yes, of course! I know him so well that I don't know him anymore.

NOT HOME
Mrs.: Here comes Mrs. Petterson, tell her I'm not home.
Maid: Good, madam.
Mrs.: Well, what did she say?
Maid: Thank God.

FISHING LUCK
— Well, what did you do this summer?
— We've been fishing, you know. And when we fish, we always have on liter 96% with us, and for every fish we take a sip, ; and if we get a lot of fish, we go home and take another liter

TWO STREET LAMPS
On the streets of Kemi city, there are two lamps on the same pole.
— Why do you have to be two?
— Well, you see, one must illuminate the other.

APPENDIX
— That doctor must have sent a rudely large bill. But it will probably be the last time he gets to operate on my appendix.

COMMUNISM
— If you had two houses, would you give one to me?
— Yes.
— If you had two horses, would you give one to me?
- Of course!
— You have a liter of alcohol at home. Give me half a liter!
— You crazy, human! Never!

IN THE BEST FAMILIES
"You see, Mrs. Eriksson, the best family is a family in which there was no such thing as occurred even in the best families."

Difficult to choose maid
— Dear friend, you speak of the difficult maidservant question, yes, I am very unhappy. If I take an old and ugly one, my husband is never at home and if I take a young and beautiful one, I dare not go out myself

To complain to a newspaper
The editor: — And this joke you say must be new? My grandmother

already told me that when she was a little girl.

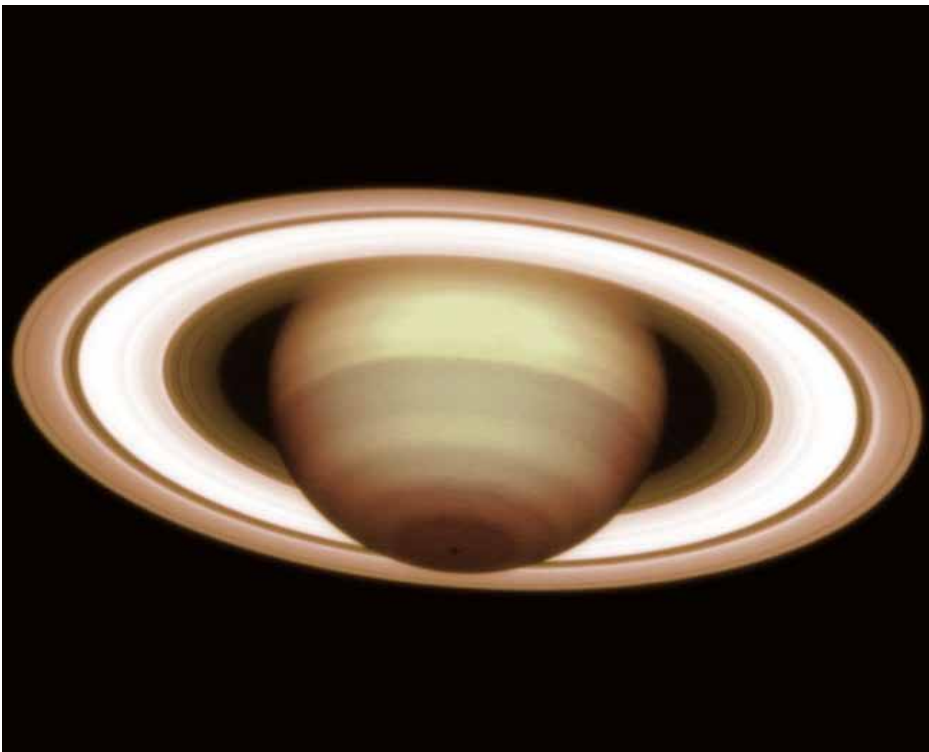
CHILD MAIDEN
— My miss, how can you read your novel when the child screams so terribly.
The nanny: — Bad, my lord, and since you're also bothering me, I cannot read at all.

Some typicak jokes from the United States

The Unfortunate Consequence
She: "Did you know that money carries a terrible amount of disease and germs?"
He: "No wonder I'm always feeling so healthy."

The Newfangled Student
Teacher: "Bert, you should have been here at nine o'clock this morning!"
Bert: "Why, teacher? What happened?"

Astronomic picture of the week:



Saturn, lord of the rings

The giant planet Saturn, as observed with the VLT NAOS-CONICA Adaptive Optics instrument on December 8, 2001; the distance was 1,209 million km. It is a composite of exposures in two near-infrared wavebands (H and K) and displays well the intricate, banded structure of the planetary atmosphere and the rings. Note also the dark spot at the south pole at the bottom of the image. One of the moons, Tethys, is visible as a small point of light below the planet. It was used to guide the telescope and to perform the adaptive optics "refocusing" for this observation.
Credit: ESO
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BLOG WRITERS

Join Wasa Daily as a Blog Writer!
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Contact us at wasadagblad@gmail.com for more details. We can't wait to hear from you!

WASA DAILY

A modern newspaper with a layout with features of the press of the 1870s. Back then, newspapers had only 4-8 pages. Lots of text, but no images at all, so there's a lot to read on a few pages. Our paper is one of the very few newspapers in English serving English-speaking inhabitants in the Osthrobotnia region
The magazine contains quotations from old daily newspapers taken from the National Archives (digi.kansalliskirjasto.fi). GPT3, Gemini, Aria and Monica do some of the routine editing work, such as translation, corrector reading, and short notice writing. All texts have been checked by journalists and the editorial staff is responsible for all the content of the texts.
Wasa Daily is a daily newspaper type publication, so far it is published on Sunday mornings. But our goal is for it to come out every morning in the future. The magazine is available online for free.
Editor-in-chief Hans Björknäs. Readers' writings are welcome! The magazine is locally owned and will remain so. For ever!
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FROM OUR READERS

We very much welcome submissions from our readers. Comments, stories, memories, debate, news from home. Probably this will be the most important part of this spring paper. But space is limited, so please write as short as possible! So please send posts to: wasadagblad@gmail.com

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HOROSCOPE FOR JULY 2026

July Horoscope – The Stars Are Mumbling (And Maybe Making Some Sense)

Aries (March 21 – April 19)
You're ready to conquer the world – just remember to put on real pants first. June brings you adventure (or at least a new brand of toothpaste). Romance is on the horizon, possibly involving someone who thinks your sweaty gym look is "natural and compelling."

Taurus (April 20 – May 20)
You crave stability, snacks, and soft blankets – and not necessarily in that order. In June, you may feel a strong urge to impulse-buy a cactus. Do it. Financially, you're fine as long as you don't walk past any store that sells vintage mugs.

Gemini (May 21 – June 20)
This month your mouth works faster than your brain. Great for party banter, less great for job interviews. Love is playful and possibly confusing. Is it flirting, or just a shared obsession with crosswords? Time will tell. Or not.

Cancer (June 21 – July 22)
Home is where your heart – and probably your laundry – is. In June, feelings run deep. You may cry at an

ad for breakfast cereal. That's okay. Your emotional radar is strong; use it to sniff out both love and passive-aggressive neighbors.

Leo (July 23 – August 22)
June puts you center stage, even if the audience is just your cat. You radiate charm. Someone falls for you this month – possibly a barista who accidentally writes your name right. Fortune favors the bold, so dare to try karaoke again.

Virgo (August 23 – September 22)
You've got lists for your lists, and that's great – until you accidentally alphabetize your sock drawer. This month urges you to loosen up. Take a walk without counting steps. Eat a cookie without Googling the ingredients. You might enjoy the chaos.

Libra (September 23 – October 22)
Balance is your thing, but June throws in a few wobbly surprises. You'll face a dilemma involving brunch and loyalty to your favorite café. Love could blossom – or at least send you a weird emoji. Watch for signs. Or just interpret all signs creatively.

Scorpio (October 23 – November 21)
Mysterious? Always. Brooding? Maybe. Overthinking a five-word text? Definitely. June turns up the heat, romantically and otherwise. Let people in – not everyone wants to steal your secrets. Some just want to know your Wi-Fi password.

Sagittarius (November 22 – December 21)
You're itching to travel – even if it's just to the fancy supermarket across town. A spontaneous decision this month could lead to greatness. Or minor confusion. Either way, exciting! Love may come from a foreign land. Or a friend-of-a-friend's dog walker.

Capricorn (December 22 – January 19)
You work hard, dream big, and sometimes forget to blink. This month, remember: even empires need coffee breaks. Someone sees your potential – probably someone in HR. Love's possible if you stop trying to impress people with Excel spreadsheets.

Aquarius (January 20 – February 18)
You're five steps ahead, which explains why no one knows what you're talking about. In June, weird is your superpower. Embrace it. Someone special may finally "get" you. Or at least pretend convincingly. That counts.

Pisces (February 19 – March 20)
You're dreaming of far-off lands and deep conversations with your houseplants. June is rich in imagination, slightly short on practicality. That's okay. Channel your magic into a new hobby – interpretive dance, perhaps? The universe approves.

