

WASA DAILY



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LOCAL NEWS

KUNTSI

**Magical Worlds of Light Open
in Vaasa – Marja Pirilä's Came-
ra Obscura Captivates**



As autumn darkness settles over Vaasa, a special kind of light magic comes alive at Kuntsi Museum of Modern Art. From 19 September 2026 to 9 January 2027, the extensive exhibition Marja Pirilä – Camera Obscura invites visitors into poetic, multi-layered visual worlds.

Marja Pirilä (born 1957 in Rovaniemi) is one of Finland's leading photographic artists. For more than 30 years she has explored the ancient camera obscura technique, creating refined images where light and dark, interior and exterior, nature and city meet. The show features her long-running Interior/Exterior series (since 1996), In Strindberg's Rooms from a residency in France, Milavida from an empty palace in Tampere, and Talking House, along with three-dimensional works made with Petri Nuutinen.

Tapani Rinne's soundscapes complement the photographs, and the exhibition has been selected for the national Art Testers programme. Tickets: €15/9/0. A captivating journey into the secret interplay of light and shadow – not to be missed.

Source: Vaasa.fi / Kuntsi Museum of Modern Art

WÄRTSILÄ

**The hospital that sails to those
in need – Wärtsilä strengthens
Mercy Ships' lifeline**



EDITORIAL

Parliamentary elections coming

In a few months Finland will hold parliamentary elections. This is not merely a contest of ideologies and visions; it is a confrontation with a harsh economic reality: the public finances show a deficit of around ten billion euros.

The next government will have to close that gap – by cutting expenditure, raising taxes, or a combination of both. In the coming campaign we will almost certainly hear the familiar refrains.

The Social Democrats declare that pensioners must not be touched – neither by cuts nor by higher taxes. Other parties insist that families with children already struggle and must instead receive more support, because Finland needs more children. Education, schools and universities are the future and must therefore be protected and strengthened. Defence cannot be weakened in a turbulent world – it needs more resources. Agriculture must be safeguarded for the sake of self-sufficiency. And those living on basic social assistance must under no circumstances bear the burden.

The list goes on. Almost every interest

group is told that it, uniquely, is exempt. And voters, each in their own way, go to the polls knowing that the ten billion must disappear – but not from them.

This is no longer sustainable. Finland cannot solve a structural deficit by shielding every group at once.

Promising everything to everyone is promising nothing real. What is required now is political courage: a realistic, transparent plan for eliminating the deficit without simply shifting the cost onto future generations.

We need parties and candidates who dare to say what actually has to be done – and which priorities are unavoidable. Not because it is popular, but because it is necessary. Finland has weathered difficult times before. This time the task is to choose leaders prepared to take responsibility for the whole, not merely for their own constituencies.

So do not vote for the one who promises most to you personally.

Vote for the one who offers a credible path by which the entire country can stand on solid economic ground.

When healthcare cannot reach patients, the hospital itself can set sail. Wärtsilä is now helping ensure that two Mercy Ships hospital vessels remain ready to deliver vital medical care.

The Finnish technology company has signed new long-term service agreements with Mercy Ships International. The deal includes a five-year renewal covering the Global Mercy, the world's largest purpose-built civilian hospital ship, and a three-year service agreement for the organisation's new Africa Mercy II. Both vessels are equipped with Wärtsilä engines.

For Mercy Ships, reliable machinery is not simply a technical matter. A vessel that cannot operate cannot reach patients who may have little or no access to advanced surgical care.

The agreements cover spare parts, field services, crew training and Wärtsilä's Expert Insight digital predictive-maintenance system. By combining advanced analytics, artificial intelligence and engineering expertise, the system is designed to identify potential problems before they develop into disruptive failures.

The Global Mercy has six operating rooms and around 200 patient beds. Mercy Ships provides free surgery and medical training, primarily in underserved communities in Africa.

The mission is ultimately simple: keep the hospital moving, keep the operating rooms running and bring treatment to people who need it most. Reference: Wärtsilä press release, 3 September 2026

Image caption: Global Mercy™, prototype for the Africa Mercy II, recently arrived in Ghana West Africa © Mercy Ships

JOAKIM STRAND:

€1.1 Million Boost for Patient Safety – Good News for Ostrobothnia



Amid tough budget negotiations in Finland, Ostrobothnia has secured an important victory. The region's work to improve client and patient safety is set to receive more stable funding.

As part of the government's 2027 budget agreement, €1.1 million has been allocated through a new funding arrangement for the Finnish Centre for Client and Patient Safety, which operates in Vaasa. The centre works nationally to improve safety in healthcare and social services and to promote better practices for preventing harm to patients and clients.

Earlier in 2026, the centre published Finland's first national

overview of client and patient safety. The report brings together comparable information on factors affecting safety and highlights differences between regions.

The budget package also contains several other investments benefiting the Vaasa region. The research infrastructure of the University of Vaasa will receive €1 million, while another €1 million is earmarked for infrastructure projects in the Vaasa area.

A further €19 million spending authorisation has been reserved for widening a section of Highway 8 between Bäckliden and Brännbacken.

Minister Joakim Strand says the decisions strengthen research, education, infrastructure, safety and regional growth.

For Ostrobothnia, the message is encouraging: better healthcare safety and stronger regional development can move forward together.

Reference: STT Info/Swedish People's Party

CITY THEATRE

Become a test audience at Vaasa City Theatre – a unique opportunity!



Do you want to sit in the auditorium while the actors rehearse for the premiere? Vaasa City Theatre is now looking for a test audience for the 2026–2027 season. You get to follow the preparatory exercises completely free of charge and give feedback on your experiences in return.

Registration is voluntary and does not bind you to anything. The theatre will contact you if necessary, even at short notice, and try to distribute the seats fairly. Register through the form vaasa.fi – it only takes a few minutes. The deadline for registration is September 7, 2026.

The perfect opportunity for theatre lovers to get closer to the creative work that takes place behind the scenes.

Source: vaasa.fi

JORMA PANULA

Legendary master calls again: Jubilee competition brings Europe's brightest conducting talents to Vaasa in 2027!

Photo Supplement



WELLBEING AREAS

OSTROBOTHNIA



Your own doctor is coming back – Ostrobothnia expands care-team model

Could the days of explaining your medical history to a different doctor every time be coming to an end? Finland's Ostrobothnia Wellbeing Services County is expanding its model of personal care teams and family doctors.

The aim is to give patients who regularly need healthcare a more continuous relationship with a familiar team. The model has already been operating for some time at the health centre in Vaasa. Preparations will begin in September in Korsholm and Pietarsaari, with pilot operations scheduled to start in January 2027. The system will then gradually be developed across the entire region.

The project has received €1.7 million in funding from Finland's Ministry of Social Affairs and Health. Particular attention will be given to patients with long-term illnesses and the continuity of their care.

Patients will be assigned to a specific team consisting of doctors and nurses. The personal doctor will have primary responsibility, but another professional from the same team can step in when necessary. Patients will also receive contact information for their team.

The goal is partly to reduce unnecessary emergency visits and pressure on healthcare needs assessments.

Experiences from similar models elsewhere in Finland have been encouraging: patients have reported greater satisfaction and trust, while healthcare professionals have found teamwork less demanding.

The idea is simple – better continuity, more familiarity and hopefully a healthcare system that feels a little more human.

Reference: Ostrobothnia Wellbeing Services County, press release

WHOOPING COUGH

Whooping cough is circulating in northern Finland – the warning sign to watch for

An old respiratory disease is making a comeback. Cases of whooping cough have recently been detected in Finland's North Ostrobothnia region, including individual cases and small, limited outbreaks in Oulu and southern parts of

the wellbeing services county.

The cases have been reported in several municipalities and come as schools reopen, a time when many respiratory infections begin spreading. Health officials stress, however, that most of the respiratory illnesses currently circulating are ordinary viral infections – so there is no reason for general alarm.

Whooping cough, or pertussis, is caused by the bacterium *Bordetella pertussis* and spreads through respiratory droplets. One of its most characteristic symptoms is severe, prolonged bouts of coughing. Anyone known to have been exposed who develops cold-like symptoms within one to three weeks should contact their local health centre or use the region's digital healthcare service.

For older children and adults, the disease is usually unpleasant rather than dangerous. For babies under six months, however, whooping cough can become serious.

Vaccination remains the most important protection. Since 2025, Finland has included whooping-cough vaccination for pregnant women in its national vaccination programme, helping protect newborn babies during their most vulnerable first months.

Reference: North Ostrobothnia Wellbeing Services County/Pohde

OSTROBOTHNIA

Could parents spot an ear infection at home? Vaasa tests a new approach

A simple picture of a child's ear could one day help families avoid an unnecessary trip to the doctor. Researchers at Vaasa Central Hospital have launched the PARENT-EAR study to investigate whether parents can photograph or record their child's eardrum at home using a digital otoscope.

The study is looking for 40 children aged 1–3 who have had at least one doctor-confirmed ear infection during the past 12 months. Children who have or have previously had ear tubes cannot participate. The participating parent must have good Finnish-language skills because the study materials and software are available in Finnish. Half of the participating families will receive a digital otoscope called "The Ear Puffin", together with training on how to use it and interpret images of the eardrum. If the child later develops symptoms suggesting an ear infection, the parent can record the eardrum at home and use the training to assess whether medical attention may be needed.

The images and videos will also be analysed using artificial intelligence and compared with assessments by an expert panel.

The aim is not to replace doctors, but to find a safer and more convenient way of identifying children who really need an examination. Follow-up will last between five and nine months, ending in May 2027.

Reference: Ostrobothnia Wellbeing Services County

WASA DAILY

Nearly everything You need to know on 16 pages

vpress.fi

NEWS



The future of classical music will once more fill the Grand Hall of Vaasa City Hall. The X Jorma Panula International Conducting Competition takes place for the tenth time from 31 August to 4 September 2027 – a true jubilee edition! Counted among Europe's most prestigious conducting competitions, it has been held every three years since 1999. Conductor, composer and academician Jorma Panula (born 1930) has served as Artistic Director and Jury Chairman from the very beginning. The 96-year-old maestro remains highly active and is once again inviting young talents to Vaasa.

Twenty competitors under the age of 40 from EU countries, the United Kingdom, Switzerland, Norway and Iceland will be selected. Applications open 1 December 2026 and close 28 February 2027. In 2024 the competition attracted around 150 applications from 11 countries. The orchestras will be the Vaasa City Orchestra and Jyväskylä Sinfonia.

Running alongside is the second MINI-KAPU competition for young conductors (under 20) from 1 to 4 September 2027. It is open to Finnish students and foreign students residing in Finland. The aim is to spark interest in conducting as a profession and open new doors for promising young musicians.

Vaasa City Hall's Grand Hall has hosted concerts since 1883 and carries a rich classical tradition. The competition strengthens Vaasa's profile as a classical music city and draws international visitors. The jury, chaired by Panula, includes Sian Edwards (UK), Bjarte Engeset (Norway), Anna-Maria Helsing (Finland) and Pietro Rizzo (Italy).

Source: panulacompetition.fi

JOBSEEKER PROFILE

New requirement from 1 September: Jobseekers must publish a profile

BOTNIA INDUSTRIAL DAY

Gigantic industrial investments bring a new industrial event to Vaasa – Botnia’s Industrial Day on 8.9.2026 invites you to participate in the heart of growth!



Ostrobothnia is bubbling with the power of industry. Data centre investments worth hundreds of millions of euros and billions of euros in projects in the energy cluster will transform the west coast into Finland’s fastest growing industrial area. Now these opportunities are gathered under one roof: Botnia’s Industry Day will be held on Tuesday, September 8, 2026 at Vaasa City Hall from 9:00 to 17:00.

One day. Genuine information. Genuine meetings. True opportunities.

The event brings together people, projects and technologies that shape industrial growth, energy transition and infrastructure. There are already more than 180 companies operating in the EnergyVaasa area and employ over 13,000 professionals. Investments of €1.9 billion are planned for the region by 2030. This is the place where the future is being created now.

Why Botnia Industrial Day?

The participant saves time: the most important decision-makers, project managers and experts in the field are all under the same roof. You get new market insights about the energy transition, smart in-

dustries and data centers. You don’t hear about the change afterwards – you are where it happens.

The themes cover a wide range: renewable energy, battery industry and energy storage, smart industry and AI, electric power engineering, ports and logistics, industrial services, security of supply, and data centers and digital infrastructure.

The first event in 2025 already brought about five hundred professionals to Vaasa City Hall. The response was enthusiastic: valuable meetings, expert speeches and panels delivered exactly what was expected. Now, the 2026 event is based on the same positive spirit.

Free registration for professionals makes it easy to participate. Exhibitors will be able to present their solutions in the midst of a growing ecosystem. Partners include Danfoss, Hitachi Energy, VEO and Wärtsilä – some of the biggest names in the industry.

Ostrobothnia is no longer just a part of Finland – it is one of the growth engines of European industry. If you want to be involved in future projects, September 8, 2026 is the day when you should be present at Vaasa City Hall.

Join us in building sustainable growth and a competitive industry!

Source: <https://botniaindustrialday.expo-mark.fi/>

From 1 September 2026, it will be mandatory for most job-seekers to create and publish a job search profile on the Job Market Centre. It must contain education, experience, skills and goals – and is anonymously visible to employers for up to six months.

New jobseekers normally have 15 working days after they register. If the profile is not published on time, the authority will fill in the minimum information for you. You can always supplement it yourself. Exceptions can be made if it is not deemed necessary.

The profile helps employers find you – even for hidden jobs. Expert support is available from employment services.

Source: vaasa.fi

VAASA

Vaasa is looking for winter agents – residents can help improve winter maintenance



How easy is it really to walk or cycle in Vaasa when snow and ice arrive? The city is now recruiting enthusiastic residents to become “winter agents”, helping assess the quality and accessibility of winter maintenance on the main walking and cycling routes.

Winter agents observe the condition of the routes and report their findings. Their feedback will be used to improve winter maintenance and make everyday travel safer and more accessible. No special trips are required: ordinary journeys to work, shopping, leisure activities, walks and cycling trips are enough.

This winter, Vaasa particularly wants to broaden the range of experiences represented in the project. In addition to pedestrians and cyclists, the city is looking for people who use walkers or wheelchairs and people travelling with prams. Their experiences can reveal accessibility problems that might otherwise go unnoticed.

The winter-agent project is already well established. Agents have assessed winter maintenance in Vaasa for two seasons, and during the 2025–2026 season, 180 pedestrians and cyclists took part.

Participants will receive training explaining which routes they should assess and the criteria they should use. Reporting is designed to be quick and straightforward.

The initiative is part of Vaasa’s Cycling Alliance. GRK is responsible for the contract for enhanced winter maintenance, while Sitowise measures customer satisfaction using feedback from the winter agents. Vaasa City organises the training sessions and possible meetings.

Applications must be submitted by 20 September 2026. Active winter agents will also have a chance to win gift cards in monthly draws.

GALLERY WEEK

Art comes close – national Gallery Week opens doors to 72 galleries A gallery from Vaasa involved



Audiogalleria_Galleriaviikko2025 Photo Vesa Ranta

n September, something unusual happens in Finland. You don't have to travel to a museum or buy a ticket for art – the doors of galleries open all over the country.

Finnish visual arts will have its own theme week in September, when the national Gallery Week will be held from 21 to 27 September 2026. This year, the event, which will be held for the second time, will spread to as many as 23 localities and 72 art galleries.

The goal is ambitious but easy to understand: the aim is to bring art closer to ordinary Finns.

The organisers of Gallery Week remind us that entering a gallery does not require knowledge of art history, fancy terms or a ready-made opinion. It is enough to be curious.

"You can come and see, experience and interpret art from your own starting point," the event organisers say.

In addition to exhibitions, there will be surprises

During the week, in addition to exhibitions, the galleries will organise artist meetings, workshops, performances, concerts, openings and guided tours, among

other things. The event calendar includes, for example, a lecture by curator Anna Kortelainen in Järvenpää and an experimental workshop in Kemi focusing on biomaterial made from eggshells.

Attention has also been paid to accessibility. In Lahti, Gallery Uusi Kipinä will organise a sign-language exhibition tour on Saturday, 26 September at 1 pm.

One of the interesting aspects of Gallery Week is its versatility. During the same week, you can stop by traditional painting, participate in a workshop or get to know experimental contemporary art.

And best of all: as a rule, admission to art exhibitions and events is free.

Gallery Week was created for the first time in 2025. At that time, more than 70 galleries participated in the event, and the programme included more than a hundred exhibitions and numerous other events.

The 2026 event is coordinated by Muu, the Association of Finnish Sculptors, the Finnish Printmakers' Association, the Finnish Painters' Union and the Finnish Association of Photographic Artists. The Gallery Week is organised with the support of the Arts and Culture Department.

So, in the last week of

September, you should take a little test: enter the gallery even if you don't consider yourself an art person.

You may be surprised by what you find on the wall – and even more so by what the work evokes in your own mind.

Time: 21.–27.9.2026
Location: 23 locations in Finland, 72 galleries
Entrance fee: free admission to exhibitions and events

Source: Gallery Week

Vaasa's art scene gets its own spotlight – Fringe opens its doors during Gallery Week

It is worth heading to Sepänkyläntie in Vaasa at the end of September. The Fringe Gallery participates in the national Gallery Week and offers a glimpse into the more experimental world of contemporary art.

When the national Gallery Week starts on 21 September 2026, the Vaasa-based Fringe will also be present. The gallery is one of the more than 70 participants of the Finnish Gallery Week and brings its own, strongly experimental perspective to the event.

The Fringe is located at Sepänkyläntie 2, Vaasa, and operates in conjunction with Filmverkstaden. The gallery's focus is on contemporary art, especially experimental film, alternative

photography, moving image, and installations.

So it's not just an ordinary gallery.

Fringe describes itself as an artist-led gallery that boldly seeks the periphery of art and new ways to combine photography, film, light and material, for example. In addition to exhibitions, the gallery also hosts film screenings, sound art, live film performances, artist speeches and lectures.

On Saturday, let's take a peek behind the scenes

The Vaasa programme of the Gallery Week includes one particularly interesting event.

On Saturday, 26 September from 2 pm to 2.45 pm, the Fringe invites the public to take a short tour behind the scenes of the gallery. The tour will include a solo exhibition by visual artist and experimental filmmaker Paola Guzmán Figueroa.

The idea of the event is to offer the audience a closer glimpse into what is happening in the gallery – and what kind of art is created and presented within its walls.

The Fringe's activities fit well with the idea of the Gallery Week: you can come to the gallery without prior knowledge and let the works surprise you.

Source: Fringe

Reference: Vaasa City

VAASA

New bike service stations – fix your bike on the road



Three new bicycle service stations have been opened in Vaasa. Here you can inflate tires, tighten nuts and make minor adjustments mid-tour. The tools are attached with wires and the areas have camera surveillance.

The stations are located at: • Metvikpuisto (Järvenkatu 11, next to Café Metlahti) • Strampen parking in the Inner Harbour (Rantakatu 7) • Bicycle garage at the Travel Centre (Ratikatu 14)

The bike is hung up in a repair rack for convenient servicing. An investment that responds to residents' wishes and makes cycling even smoother.

Source: vaasa.fi



KORSHOLM

Sustainability with a local flavour – Korsholm launches its first Sustainability Forum

Can a conversation about sustainability also be delicious? Korsholm is about to find out as the municipality hosts its very first Sustainability Forum on 24 September.

The event takes place from 6 to 7.30 p.m. in the D-auditorium at Korsholm's education campus. It forms part of the municipality's sustainability work and Sustainability Week.

This year, food takes centre stage. During the evening's "Food Talk", participants will explore the benefits and challenges of organic and locally produced food. The discussion brings together perspectives from agriculture, municipal food services, restaurants, school gardens and local food production.

NEWS

ARMED FORCES

Finland's future security environment in 2040: a world of turmoil – and a Russia that continues to challenge

Finnish Defence Research paints a gloomy but clear-sighted picture of the future in the report *Era of Unrest: Finnish Future Operating Environment 2040*, published by Puolustusvoimien tutkimuslaitos 2026.

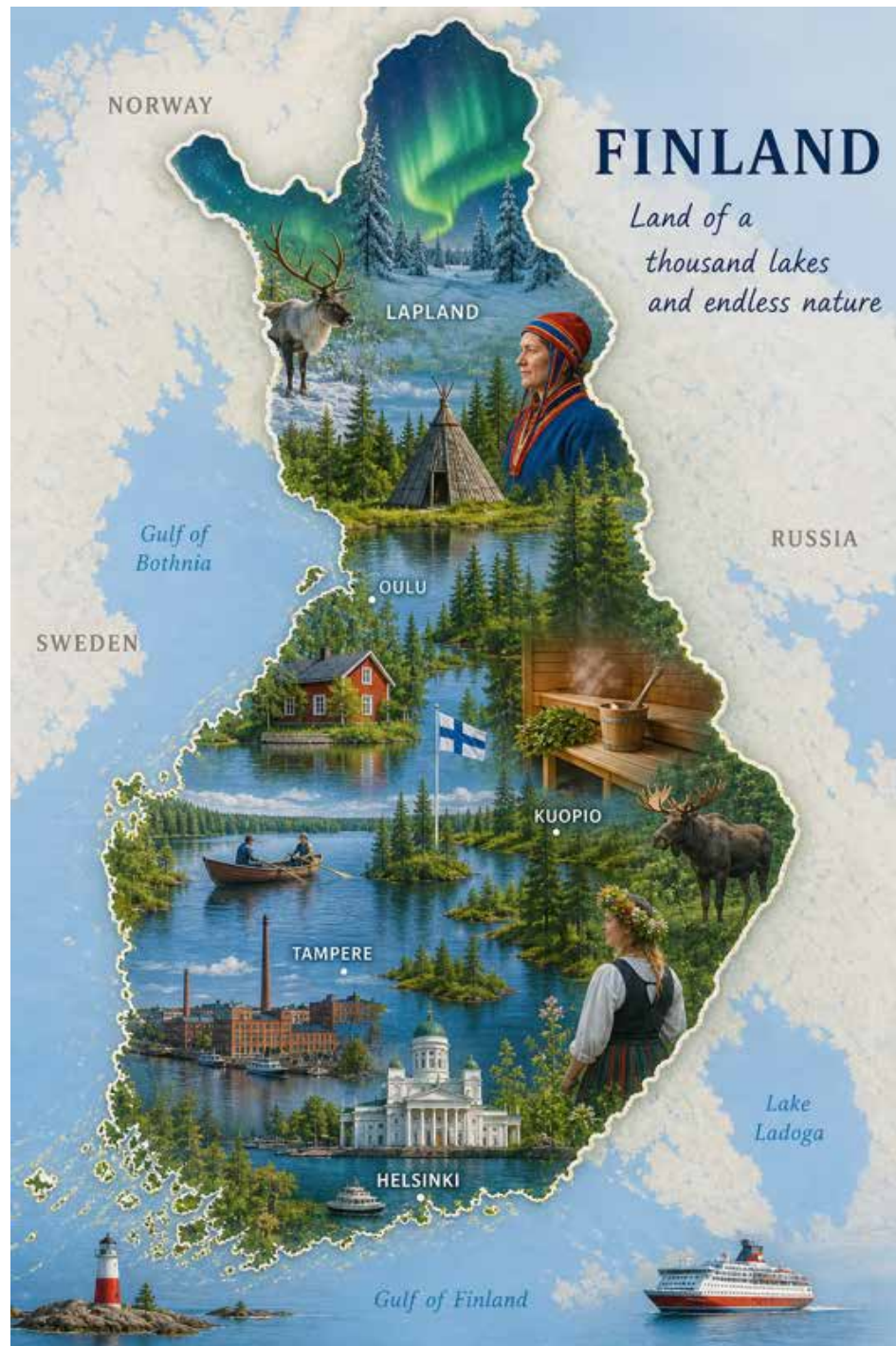
The study is based on extensive national and international workshops and analyses of global security trends. It serves as a continuation of the previous strategic foresight study 2044 and seeks to answer three key questions: what forces shape Finland's security environment, how these changes affect the country, and how Finland can manoeuvre in an increasingly uncertain world.

The report identifies five major driving forces: great power rivalry, threats in the immediate area, alliances and partnerships, changes in warfare and military technology, and society and total defence. These are divided into 21 concrete phenomena that together shape Finland's room for manoeuvre until 2040.

Russia in focus – page 14: "Russia's great power aspirations"

One of the most central and sharpest parts of the report can be found on page 14, where the researchers analyze Russia's continued great power ambitions. Despite the war in Ukraine and major losses in both material and international reputation, Russia is not expected to abandon its long-term strategy: to be seen as a global power with the right to shape its own sphere of influence.

The report states that Russia will not comply with international rules or norms. Instead, the country continues



to strive for influence through military strength, political pressure, and destabilization of neighboring countries. Possible directions of expansion include former Soviet republics, parts of the Balkans – and in some scenarios, even Northern Europe.

The researchers warn that Russia may try to exploit a future weakening of the United States' engagement in Europe. If Washington focuses more on Asia, Moscow may see a chance to strengthen its position in Europe, especially in areas where NATO's presence is fragmented or politically contentious.

Despite the fact that the war in Ukraine is tying up large resources, Russia is expected

to continue to rebuild its military capacity. Financial constraints slow down the process, but do not stop it. Nuclear weapons remain a central part of the country's self-image as a great power, and the modernisation of forces continues even in difficult economic conditions.

The report also highlights an important paradox: investments in military rearmament can create internal instability – but at the same time can strengthen the Russian regime's grip on the population, if great power status is perceived as a national goal worth sacrifice.

Conclusion: Finland must navigate in a world without clear rules

The study paints a fu-

ture where uncertainty, rapid change and geopolitical turbulence are the norm. Finland must therefore avoid short-sighted reactions and instead build a defense system that operates in the gray area between war and peace – a zone in which Russia already operates.

As a NATO member, Finland has greater opportunities to influence its future, but also greater responsibility. Great power rivalry, technological leaps and climate change mean that the country must be prepared for several parallel crises.

Reference: Puolustusvoimien tutkimuslaitos, *Era of Unrest: Finnish Future Operating Environment 2040* (2026).

NEWS

Among those taking part are Anna Bertills, CEO of the Swedish Central Union of Agricultural Producers, Korsholm's food service manager Marcus Åkerblom, restaurant owner Emmelie Norrgård, project specialist Ulrica Taylor and local organic producer Tobias Mara. Short presentations will be followed by a panel discussion moderated by Bertills.

There will also be plenty of practical advice. Waste-management company Stormossen will organise a playful sorting challenge and explain changes coming to waste collection in 2027.

The evening will also celebrate local sustainability efforts with the Sustainability Act of the Year 2026 awards.

And yes – there will be food. Visitors can taste samples prepared using produce from the municipality's school gardens.

A sustainability evening where big questions meet local people, practical ideas – and a taste of Korsholm.

Reference: Municipality of Korsholm, 2026.

MALAX and KORSHOLM

Social Wednesday – companies and jobseekers meet



On Wednesday 16 September at 6–8 pm, Social Wednesday – Meet & Connect will be held at the Mustasaari Education Campus in Smedsby. The event is aimed at local companies and jobseekers MALAX and MUSTASAARI

with an international background.

The programme includes words of welcome, inspirational speeches from employers and new Finns, mingling and coffee. The aim is to lower the threshold for working life through face-to-face meetings.

Companies register no later than September 2 via the link on malax.fi. Jobseekers participate by invitation. Places are limited. Contact: Pamela West-Masilwa, 040 655 1864.

Source: malax.fi



MALAX

What do you want in the new library? Answer the survey!

Malax is planning to move Yttermalax library to Kommungården. The goal is an open space where libraries, democracy, art and culture meet.

Now the municipality wants to know which functions the residents think are most important. Answer the survey no later than August 30 via the link on malax.fi.

Your opinion affects how the future library is designed – take the opportunity to influence!

Source: malax.fi

THE PUDDLE

The programme for The Puddle is ready: magic, adventure, music and octopuses are promised



The Puddle - Children's Culture Weeks, produced by the City of Vaasa's Culture and Library Services, will once again offer many activities and experiences for families with children throughout October.

Pölen, Lätäkkö. the Puddle - Culture Weeks for children will be held 1-31.10.2026.

Pölen is filled with workshops, children's art, concerts, dance and singing, story times and museum tours. Pölen's programme is organised for families with children, early childhood education and grades 1-6 in different parts of the city. Most of the programme is free of charge.

Magical opening on 1.10 at 5-7.30 pm at the Main Library

The pool starts on 1.10 in the morning with the opening tour of the Magician Karis for the students of Suvilahden koulu and the children of Teeriniemen päiväkoti. The tour is offered by cultural services. At the pre-events of the Vaasa Museums, daycare centres and schools can participate in art workshops.

At the opening event for the whole family on 1.10 at 17.00-19.30 at the Main Library, Kari the Magician will perform at 18.00. The opening programme also includes dancing, the opening of Studio Pölen, the

escape game In the Eye of the Storm and many other pleasant programmes.

During the inauguration, TaiKon's community artwork will be presented, and you can participate in it throughout the Puddle. The children's section of the Main Library celebrates Winnie the Pooh's 100th anniversary in many different ways. The A Little Rhymes writing campaign, which is part of the activities organised by the Welfare Unit, invites you to make rhymes. A good mood provides various task points in the library's yard, and you can also leave a message in a bottle to the library.

Naming contest for the sea monster and Valfabetet - Vaasa's own alphabet

Last year, the students of Kristillinen koulu made a nice mascot for Pölen, a sea monster that was five meters high. The naming competition for the sea monster opens on 1.10 and it ends on 15.10. Book prizes will be raffled off between the participants.

The Mervy Monster's name day celebration will be celebrated at an event for the whole family on Saturday 17 October at 10.30-13.00 in the Drama Hall of the Main Library in the form of storytelling and sea adventures both indoors and outdoors.

When Vaasa turns 420, it is time to create its own alphabet for Vaasa. Therefore,

on 2.10 at 14.00-16.30, an election fabet will be put together in the Drama Hall of the Main Library.

The whole family enjoys Studio Pölen

During the month of October, you can paint on your own in Studio Pölen (in the Matilda room), which is open during the library's opening hours. The works and decorations of summer artists from the Hampuis-to and Lilla Kasen daycare centres and youth services are displayed there. In Studio Pula, you can also create art on your own or play the Pölen board game, developed by the students of Hieta-lahden koulu. You can also solve the escape game In the Eye of the Storm, which was designed by class 6 A of the Länsimetsän koulu.

Singing in the Puel: sing-along evening with children's songs

Pölen also invites you to sing children's songs together. Accordionist Aila Ala-Aho will lead the sing-along during the autumn holidays on 15 October at 6-7.30 pm in the Drama Hall at the City Library. Rhythm instruments will also be made together, so it is a good idea to bring your own small jar.

Art splash - Saturdays for families with children at the main library

The Art Splash offers unforgettable cultural experiences for families with children.

On 3.10 at 10.30-13.00, we will get acquainted with the autumn forest and its animals and plants together with the shrew, Vips. At the Kvarken Nature School's task points, there are activities inside and outside.

At 10.10 at 10.30 and at 12.00 during the concerts Rhythms of the Pool, participants will be introduced to special instruments and ways of playing under the direction of multi-instrumentalist Julius Rantala: at 10.30 the concert will be presented in Finnish and Swedish and at 12 in English. In a workshop, you can have fun with water painting.

The goal of Pölen is to offer children and families an opportunity to create and experience art. An extensive network of actors involved in activities for children and families is involved in the planning and implementation of the programme. In addition, early childhood education and schools are involved in the implementation of Pölen, and they are also targeted at programme offerings. Greetings and wishes can be submitted for future Pua's Wish Pools Studio Pula.

The entire programme will be published on the City of Vaasa's Cultural Services website: vasa.fi/pol.

City of Vaasa | Press release 28.8.26

MALAX

Cultural meetings start in South Ostrobothnia - first meeting in Malax

Cultural operators in Kaskinen, Korsnäs, Kristinestad, Malax and Närpes will now have a common meeting place. Regular meetings are organised every two months in the different municipalities.

The premiere meeting will be held on Monday 7 September at 9-11 am at Malakta in Malax. On the programme: Member of Parliament Mikko Ollikainen, presentation of current projects and joint discussion. Morning coffee is served.

More information can be found via the Facebook event. Welcome to build networks and collaborations!

Source: malax.fi

KORSHOLM

The mobile library changes timetables - check your stop

From Monday 24 August 2026, the new timetable for the Mustasaari mobile phone will apply. Changes have been made for Helsingby, Norra Vallgrund, Petsmo and Vassor, among other places.

The updated timetable will be available from next week on the mobile library, the municipal library and at korsholm.fi/valfard/biblioteket/korsholms-bokbuss.

Make sure you don't miss your regular tour - check the new timetable well in advance!

Source: korsholm.fi



MALAX

Malax jubilee blasts off: Kvarken World Heritage turns 20 - Bergö fills with adventure!

This September Malax celebrates the 20th anniversary of the Kvarken Archipelago World Heritage Site with a packed week of events. The unique archipelago, listed by UNESCO since 2006 together with Sweden's High Coast, offers hiking, lectures, a Vi-king ship and escape games.

From 12 to 20 September a quiz trail runs along the 3.5 km southern Bergö hiking route. All ages can take part and win fine prizes.

On Monday 14 September photographer Rasmus Söderholm presents "Culture and Nature - Kvarken 20 Years" at Bergö parish hall. On Wednesday 16 September Per-Erik Berglund talks about fairways, pilot and rescue stations at the same venue. Both events are free and open to all.

On Tuesday 15 September Ann-Sofi Backgren lectures on "The Strong Priest" and on Thursday 17 September Christoffer Björklund shows "Kvarken in Words and Pictures" at Malax municipal hall. Both cost €15 and

NEWS

WASA TEATER

Theatre for a whole year for 26 euros – Wasa Theatre invests in young people



Imagine being able to go to the theatre over and over again for a whole year – for about the price of a normal night out. For anyone who is 26 years old or younger.

Visiting the theatre no longer has to be something you do once with school and then forget about. Wasa Theatre in Vaasa is launching the initiative "26 Wonders", a personal theatre session that gives young people the opportunity to

The price tag?
26 euros.

The initiative was presented on 12 June 2026 and is aimed at everyone who is 26 years old or younger. The pass is valid for one year from registration and can be purchased at Wasa Teater's box office before the f

One ticket can be many theatre nights

Want to see the same show twice? You can.

Want to discover a completely different piece next month? That is also possible.

Guest performances, on the other hand, do not include the session.

Wasa Theatre's theatre director Linda Zilliacus

describes the initiative as a way to create a habit among the younger audience and make young people feel that the theatre is their place, not just a place you visit with school.

And you don't have to go it alone

Of course, theatre is also a social experience. Therefore, an extra carrot is included: those who have 26 under 26 can bring a friend who is also 26 years old or younger for 10 euros per performance. The friend ticket can be purchased at the box office.

The pass can also be bought as a gift, for example for a student, birthday or Christmas.

An attempt to build the audience of the future

Behind the initiative there is also a larger issue. Wasa Teater states that the typical young visitor today only sees about one performance per year. Said "26 under 26" becomes

And for 26 euros

Location: Wasa Teater, Sa Valid: one year from registration Target group: people who are 26 years old Price: 26 euros Buddy ticket: 10 euros per performance for a friend who is 26 years old or younger Purchase/registration: Wasa Theatre's box office before the first theatre visit.

Source: Wasa Teater – "26 under 26"

Photos: Wasa Teater

The 1970s make a comeback at Wasa Theatre – laughter, conflicts and love in the same collective



What happens when big ideals meet small everyday problems? There will be both chaos, humor and emotions when Wasa Teater takes the audience back to the 1970s.

On September 19, "Tillsammans (Together)" will premiere on Wasa Theatre's main stage in Vaasa. The performance is based on Lukas Moodysson's story and has been dramatized for stage by Maria Lundström. Here, the audience moves to a housing collective in a Stockholm suburb – in the middle of 1970s idealism, music, fashion and social debate.

Everyone wants to change the world – but no one gets along

In the collective, there are big dreams of a different way of life. But when people with different personalities and life choices have to share

everyday life, conflicts soon arise.

Love, loneliness, solidarity and disappointments are mixed in a story that at the same time looks back and asks a highly topical question:

How are we actually going to live together?

The performance uses a cinematic narrative technique where several situations can go on at the same time and be woven together. The result is a mix of comedy and drama, where the issues of the 1970s feel surprisingly modern in many ways.

A journey through time with both laughter and seriousness

"Together" is performed in Swedish and subtitled in Swedish, Finnish and English. The performance is approximately 2.5 hours including intermission and is recommended for adults and not for children under 13 years.

The performance period is September 18–October 30, 2026. The premiere will take place on September 19 at 18:00 on the Main Stage, Wasa Theatre, Hietasakatu 7 in Vaasa. There will also be performances on September 18 at 19:00.

And perhaps that's just where the performance hits the mark: behind the colourful surface of the 70s there are questions that still follow us.

Source: Wasa Theatre

NEWS

require registration via Malax-Korsnäs adult education centre.

Friday 18 September brings an activity afternoon at Bredhällan featuring the Viking ship Stormögha, a new pontoon sauna, the escape game "The Eagle has Landed" and mini-golf. Saturday 19 September hosts the Bergö archipelago market and Sunday 20 September a guided walk with nature guide Tuija Warén. Come celebrate our unique shared heritage! Source: Malax.fi

See details: <https://www.malax.fi/nyheter/fira-varldsarvsveckan-i-malax-1220-9>

ART

ATENEUM 18.8.2026-8.8.2027

Elga Sesemann gets her moment in the spotlight at the Ateneum

She attracted attention as a young artist, was compared with major names such as Edvard Munch and Helene Schjerfbeck, and yet later slipped into relative obscurity. Now Elga Sesemann is getting a major second look.



Elga Sesemann: *Oma kuva* (1946), Kansallisgallerian kokoelma / Ateneumin taidemuseo
Image: Kansallisgalleria / Yehia Eweis

On Tuesday, the Ateneum Art Museum opens a comprehensive exhibition devoted to Elga Sesemann (1922–2007). It also launches the museum's new Modern Classics exhibition series, focusing on 20th-century artists from the Finnish National Gallery collections.

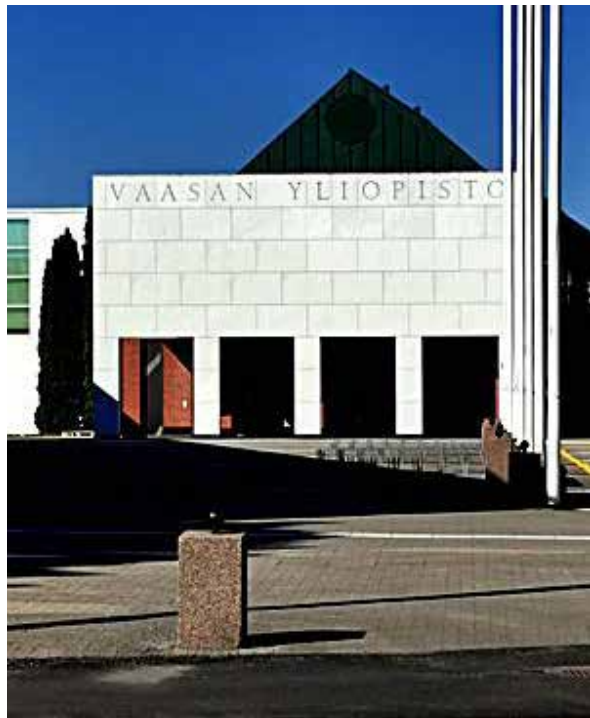
Sesemann's first solo exhibition in Helsinki took place in 1945, when she was just 23. Critics immediately noticed her distinctive use of colour and highly personal style. During her long career, her expression continued to evolve.

The exhibition presents around 80 works, with approximately 50 on display in the initial presentation. The selection comes from the Finnish National Gallery as well as other museums and private collections.

UNIVERSITIES

VAASA UNIVERSITY

When the crisis hits, Finland may need its volunteers – Vaasa leads major study



What happens when society is shaken by a serious crisis? Then it is not only the authorities that must be ready. Thousands of volunteers and associations can become a crucial resource.

Now their significance will be investigated in a new national research initiative led by the University of Vaasa. The KAMUT project has been commissioned by the Prime Minister's Office and will analyse how non-governmental organisations can contribute to Finland's comprehensive security and crisis preparedness.

The research consortium includes the University of Vaasa, Laurea University of Applied Sciences, VTT, Pellervo Economic Research Institute PTT and the University of Lapland.

Among other things, the researchers want to find out when the organisations can help the authorities, how their preparedness works and what resources are actually available when the crisis comes. The financial value of the organisations' efforts must also be assessed.

An important question is also the law: what opportunities and limits does the Constitution set for the participation of NGOs?

The project combines document studies, interviews, surveys and workshops. The results can be used when Finland develops its preparedness for future disruptions and crises.

The project started in June 2026 and will run until June 2027. The work is led by Research Director Petri Uusikylä at the University of Vaasa.

Time and place: The research project will run nationally from June 2026 to June 2027, with the University of Vaasa as the coordinating university. Source: University of Vaasa

VAASA UNIVERSITY

Can a game help Finland cope with the next crisis? Yes – at least that's the idea behind a new collaboration

between the University of Vaasa and the National Defence University

On 12 August, the rectors of the universities signed a cooperation agreement in Vaasa. The goal is long-term cooperation in research, education and the development of national and international networks.

The first concrete project is called T-REX – Training, Research and Exercise. It is about developing a gaming and educational environment where various crises and disruptions can be simulated. Students, researchers and decision-makers should be able to practice making decisions when the situation changes rapidly and the information is incomplete. It is therefore not a question of computer games for entertainment. Games and simulations are used as advanced tools to test strategies, detect weak links and see what consequences different decisions can have.

The Defence University contributes primarily with knowledge about defence, war games and military simulations. The University of Vaasa has strong expertise in areas such as resilience, preparedness, leadership, economics and technology. T-REX will also be able to be used in the University of Vaasa's new international master's programme Preparedness and Resilience, which will start in autumn 2026.

The collaboration will be intensified during the autumn and the long-term goal is an international research and education network. Time and place: The cooperation agreement was signed in Vaasa on 12 August 2026. The T-REX work will continue in autumn 2026 and beyond. Source: University of Vaasa, 14.8.2026.

UNIVERSITY OF TAMPERE

Forget about the expensive biological age test? The scale and tape measure can tell you more



IMAGE: Sari Laapotti/Tampere UNIVERSITY

Can the future of health be assessed without an expensive laboratory test? According to a study by the University of Tampere, a surprising amount of information is still available with fairly everyday tools. In the study, body mass index, waist circumference, smoking and alcohol consumption predicted later morbidity in middle-aged people better than the epigenetic biological age measures included in the study.

Epigenetic so-called biological clocks aim to estimate how old the biological characteristics of human cells and tissues are. They are now also offered to consumers, and the tests can cost hundreds of euros.

The study utilised an extensive LASERI follow-up study. The study included 1108 people aged 34–49 at the start of the study and were followed for 7–9 years.

The researchers' message is quite down-to-earth: before paying for a fancy-sounding biological age measurement, you might want to look at your weight, waist and lifestyle.

Source: Tampere University, 18.8.2026

TURKU UNIVERSITY

Already 20,000 bugs in the tick bank – the end of summer may bring surprises

Finns have already sent 20,000 ticks to researchers. The University of Turku's Tick Bank collection will continue until the end of the year, but at the end of the summer, researchers are particularly interested in tick species that are rarer in Finland.

The focus is on ticks of the genus Hyalomma and the species Dermacentor reticulatus, among others. Hyalomma ticks are transported to Finland by migratory birds, for example. In warm summers, individuals can survive further in their development. Adult Hyalomma specimens were first observed in Helsinki in the summer of 2024.

The season for common ticks continues well into the autumn, and the numbers are often at their highest in August and September. That is why the discoveries made at the end of the summer are also important to researchers.

A tick can be sent for examination according to the instructions of the Tick Bank. This way, the little creature can end up on the researcher's desk – and not just in their own socks.

Source: University of Turku, 13.8.2026.

JYVASKYLA UNIVERSITY

Walking pace reveals a surprising amount – brisk seniors move more



A brisk step seems to go hand in hand with a more active everyday life. A study conducted by the University of Jyväskylä followed approximately 300 75–85-year-olds living at home for four years. The results showed that the energy consumption of physical activity decreased by an average of about 17 percent during the follow-up.

The researchers also found a connection between walking speed and everyday activity: those who walked faster were on average more active than those who moved more slowly.

Walking speed can therefore be a simple measure of functional capacity, although it alone does not tell the whole truth. The environment also affects how easily a person moves.

In the study, activity was measured with sensors attached to the body and with the help of heart rate. Heart rate monitoring can also reveal activities such as carrying and lifting, which are not always visible in a regular motion sensor.

Source: University of Jyväskylä, 25.8.2026.

TASTY AND HEALTHY



SEA BUCKTHORN

Sea buckthorn – The healthiest berry in the world

Sea buckthorn, that thorny shrub growing on the barren shores of the North, is a true superfood of nature's own. Although it is not as popular as many other domestic berries, it is a real vitamin bomb with amazing health benefits.

The history of sea buckthorn dates back far to Asia, where it has long been considered a valuable medicinal plant. Although sea buckthorn is not eaten in large quantities in Finland, it has slowly established itself as one of the healthiest berries in the world.

Prickly but useful

Sea buckthorn (*Hippophae rhamnoides*) is native to Asia and has been an important part of traditional medicine in China and Russia. In Finland, sea buckthorn grows wild mainly on the coasts of the Gulf of Bothnia, where it thrives in rocky and sunny areas. Sea buckthorn is a dioecious plant, that is, the male and female flowers are located in different specimens, which means that there must be fruit bushes near the bushes producing berries for pollination to be successful.

Sea buckthorn is hardy and requires plenty of light to grow, but it is not demanding on nutrients. The bacteria that live in its root buds bind nitrogen from the air, which helps the bush survive in harsh conditions. This makes sea buckthorn an excellent plant for tying soil on erosion-prone slopes, among other things.

Nutritional values of sea buckthorn – a real health bomb

Sea buckthorn is known for its particularly high vitamin C content. One hundred grams of sea buckthorn provides up to 10-20 oranges of vitamin C, which makes it one of the most effective sources of vitamin C. However, the health benefits of sea buckthorn are not limited to this; It is also rich in polyunsaturated fatty acids, which are vital for cardiovascular health.



Sea buckthorn oil, which is obtained from the seeds and husks of the berry, is especially nutritious. It is rich in vitamin E, which is an important antioxidant. Sea buckthorn oil has been found to lower both total cholesterol and LDL cholesterol, making it a good addition to a diet that promotes heart health. In addition, sea buckthorn has a diverse range of vitamins, including vitamins of groups A and B, as well as minerals such as potassium, magnesium and iron.

Sea buckthorn at the dinner table – Versatile uses

Although sea buckthorn berries are known for

their health benefits, their use in the home kitchen is still quite limited. The tangy taste of sea buckthorn can be challenging for many, but when handled correctly, it makes a versatile ingredient for both sweet and savory dishes. The most traditional way to use sea buckthorn is to squeeze juice from it, but you should also use the husks and seeds. The crusts contain a lot of fiber, and the remaining part after juicing can be mixed, for example, with bread dough or porridge.

The tangy taste of sea buckthorn pairs perfectly with sweet fruits such as apple or peach. It can be used to make jams and marmalades, or mixed into smoothies for an extra boost. In addition, sea buckthorn powder is easy to add to snacks, yoghurts or milkshakes to provide nutrients throughout the day. Especially with game dishes, sea buckthorn is an excellent taste cup, and its strong aroma complements the rich flavors well.

The uniqueness of sea buckthorn

Although sea buckthorn is not eaten in large quantities, its impact on health is significant. Nutrients in sea buckthorn berries develop during a long growing season, which makes them especially valuable. The content of vitamin C and antioxidants in sea buckthorn make it a berry that is not only a delicious addition to the diet, but also a real health bomb. The healthiest berry in the world – a title that sea buckthorn deserves.

Although picking and using sea buckthorn may require a little more effort than other berries, its benefits are worth the effort. It's a berry that offers much more than just a mouthful – it's nature's own pharmacy, full of strength and vitality that helps maintain health and well-being. Whether it's part of breakfast, snack or dinner, sea buckthorn is a berry that deserves a place at your dinner table.

CLIMATE CHANGE

CLI-FI-LITERATURE

"What if" – Maja Lunde's "Blue" paints a frighteningly near future where southern Europe burns and thirsts



Maja Lunde 2023
Amrei-Marie
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The Spaniards are fleeing north. Bordeaux has become a refugee camp. And there is not enough water for all of us. Maja Lunde's novel "Blue" is the masterful warning cry of climate fiction – and it feels more relevant than ever.

Maja Lunde – a Norwegian who shook the world

Maja Lunde is a Norwegian author, screenwriter and children's book author living in Oslo. Her breakthrough as an adult author came with the internationally successful novel "The History of Bees" (2015), which sold 150,000 copies in Norway and as many as 400,000 in Germany. This was the start of one of Nordic literature's most ambitious projects: The Climate Quartet – four novels that depict the consequences of climate change for humanity from different angles.

"Blå" is the second part of the quartet and was published in 2017 in Norwegian. Lunde has written scripts for film and television, and published several books for children and young people, including the series The World's Best Gang and Battle. But it is the Climate Quartet that has placed her among Scandinavia's most widely read and respected contemporary authors.

What is cli-fi – and why does it matter?

"li-fi" – climate fiction – is a literary genre that has grown explosively during the 2000s. It depicts the consequences of climate change for individuals, communities and ecosystems, often in a near future that feels uncomfortably believable. Unlike classic science fiction, fi is rarely about space or robots – it's about us, about now, about tomorrow.

The genre counts pioneers such as Barbara Kingsolver's "Flight Behaviour", Richard Powers' "The Overstory" (Pulitzer Prize 2019) and Margaret Atwood's "MaddAddam" trilogy among its predecessors. But Lunde has given the genre an

immediate, human face – and a narrative voice that goes beyond the climate-committed book club to a broad public.

Plot: 2041 – Southern Europe is an inferno

Blue is told in two time periods. In the present day – 2017 – the reader follows Signe, an environmental activist and solo sailor who returns to her hometown to make a protest action. Her hometown has changed, as has the climate. The Blåfonna glacier is about to melt away, while it is being cut away little by little and selling as exclusively to restaurants. The man behind the business idea is Signe's childhood sweetheart – and the novel carries a deeply personal story of betrayal, love and loss.

In the parallel plan for the future – 2041 – Spain and southern France have become deserts. Society breaks down. People are fleeing north. Refugee camps are being set up to handle the influx of climate refugees, but are gradually being depleted of resources under the pressure of an increasing number of desperate refugees.

David and his daughter Lou have fled to Bordeaux after their home was destroyed in a terrible fire. They hope to find David's wife Anna and newborn son August, from whom they have been separated. David struggles to be strong for his daughter as supplies in the refugee camp start to run low. The only thing that keeps them afloat in the terrible heat and drought is an abandoned sailboat they found nearby, with Norwegian belongings on board.

David and Lou – father and daughter against the world

David is a man who feels too young to be a father, but who the circumstances of disaster have made the ultimate responsible anchor for his daughter. The novel focuses on the reality of climate change through the eyes of a father and a daughter. David

is not a hero in the traditional sense – he is afraid, doubts himself and makes mistakes. This is precisely what makes him humanly credible.

Lou is the strongest voice in the novel – a child who asks the questions that are adults and who sees the world with a clarity that hurts. Her relationship with her father is the emotional heart of the novel.

Signe – an older struggle, an eternal question

The novel begins in the present tense when the Norwegian elderly woman loads her sailboat and sets off from Norway. The story of Signe's upbringing in a village by a Norwegian fjord shows how the river is used to build up modern society and how natural values almost naturally come second.

Signe represents the generation that knew – that fought, warned and was not listened to. Her story is one of lost love, loss of nature, and of the personal price of being obsessed with a righteous cause. The parallel story shows that Signe loads her boat with is and sets off – a symbolic handling whose meaning gradually takes on itself as the reader progresses.

The connection between the two stories – 2017 and 2041 – is revealed slowly and artistically, in a way that is typical of Lunde's structural skill.

How likely is this – really?

The painful answer is: very likely. The UN's climate reports and all climate scientists who have spoken out on the matter warn that it is getting warmer and drier in southern Europe. In the summer of 2023, forest fires ravaged Spain, Greece and southern France in a way that seemed to be taken out of a dystopian novel. Mediterranean countries have already experienced record droughts, mass evacuations and water shortages that create political conflicts.

Lunde does not write speculatively – she writes extrapolatively. She takes scientific forecasts and asks: if this continues, what will 2041 look like? The answer is frighteningly close to the present.

The masterpiece of "Blue" climate fiction

Compared to other cli-fi classics, "Blue" stands out in several ways. It is easy to get tired of the media flow on the climate issue, to become blasé or depressed. That's why a book like Blue is extra important. It contains much that is worth thinking about the earth's climate, but Maja Lunde avoids any hint of moral preaching or blaming.

Where Powers' "The Overstory" is ecologically and intellectually deep-diving, Lunde is intimately human. Where Atwood is satirical and dystopian, Lunde is warm and mourning. "Blue" is a "what if" story that lives on long after you have finished reading the book.

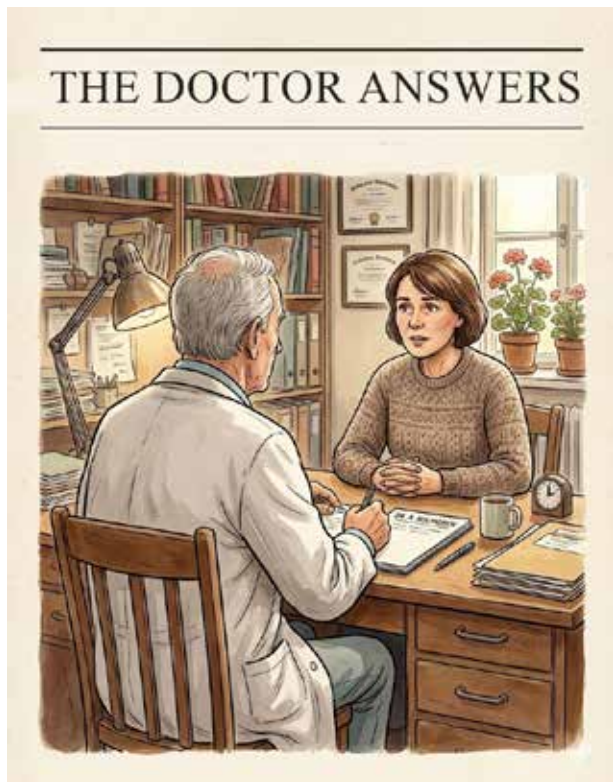
That is the strength of climate fiction at its best: not to frighten into passivity, but to weigh in on insight through empathy.

Maja Lunde: "Blå (Blue) Nature & Culture, 2018. Translation: Lotta Eklund.

HEALTH

THE DOCTOR ANSWERS

Ebola



Question: *Viruses do not respect borders, as has recently been demonstrated by the fact that the Ebola epidemic has spread beyond Congo's borders. Despite all the measures, it seems that the epidemic is becoming more and more serious. There is apparently no effective treatment, nor a vaccine. Can you tell us about Ebola, how does it spread, what are the symptoms and, above all, what is the risk of it spreading to Europe and Finland? What can we do to prevent it from spreading here?*

Answer: Ebola, one of the world's most feared viruses, has regained momentum in Central Africa. In the Democratic Republic of Congo, there is an extensive outbreak of Ebola, and the WHO reports continued spread of infection in an increasing number of health care zones. Uganda, which was also affected, has on the other hand declared its outbreak closed.

Ebola is a serious viral disease that is mainly transmitted through direct contact with blood and other bodily fluids from a sick person or someone who has recently died. It is therefore not spread as easily as influenza or COVID-19 through ordinary airborne infection.

The first symptoms can be treacherously common: sudden fever, severe weakness, headache, and muscle and joint pain. After that, diarrhea, vomiting, and dehydration may occur. In severe cases, bleeding occurs. Early intensive care with fluids, electrolytes, and treatment of complica-

tions is very important.

There is a vaccine against a different type of Ebola than the current one. The Ervebo vaccine is approved against the Zaire Ebola virus, the most common type of Ebola. The current outbreak in Congo, on the other hand, is caused by the Bundibugyo Ebola virus, for which there is still no licensed vaccine or specific approved treatment. Researchers are therefore working intensively on vaccine candidates and drugs.

And Finland?

Here comes the reassuring part. The ECDC (European Centre for Disease Prevention and Control) assesses the risk to the general population in the EU as very low. The infection has difficulty establishing itself because it requires close contact and European healthcare systems have procedures for rapid detection, isolation and contact tracing.

This does not mean zero risk. An imported case can occur – which has already happened in Europe – but the risk of a major European epidemic is very small, according to the ECDC.

The most important thing we can do is therefore not panic, but preparedness: people returning from an active outbreak area and developing a fever or other symptoms should quickly contact the healthcare system and always tell them about their trip and possible exposure. Healthcare professionals can then take the right protective measures from the start.

Ebola is a very dangerous virus – but it is not a virus that easily passes through an entire society. For Finland, vigilance is wise. But we do not need to be afraid. Not at all.

CANCER

Cancerorganisationerna: Dessa frågor oroar cancerdrabbade mest



ATT INSJUKNA I CANCER är en omvälvande upplevelse som väcker många frågor och känslor. Alla svar finns inte alltid att tillgå i vårdens hektiska vardag, och därför blir det psykosociala stöd som cancerorganisationerna erbjuder ovärderligt för både patienter och deras närstående.

Till Cancerorganisationernas Luoto-tjänst hör människor av sig av många olika skäl. Kontakten tas inte bara av de som själva insjuknat, utan även av anhöriga och personer som oroar sig för cancer. I tjänsten svarar vårdpersonal med särskild kunskap om cancersjukdomar.

– De som kontaktar oss berättar om sina bekymmer, som ofta gäller diagnosen, behandlingar, symtom, ärftlighet eller en närståendes situation. Många efterlyser tydlighet, stöd och någon som lyssnar, säger Katja Tähkä, chef för cancerorganisationernas psykosociala stöd.

Osäkerhet kring diagnos och behandling
De vanligaste frågorna handlar om vad diagnosen betyder just i den egna situationen, varför personer med samma diagnos får olika behandlingar, eller vad de medicinska termerna i epikrisen innebär. Många undrar också om cancer kan vara ärftlig eller hur man orkar när en anhörig är sjuk. Dessutom efterfrågas information om rehabiliteringskurser och uppföljning efter avslutad behandling.

– Framför allt söker man förståelse för vad cancer betyder i det egna livet, betonar Tähkä.

Känslorna tar över

En cancersjukdom påverkar hela livet – vardagen, relationerna och framtidsplanerna. Reaktionerna är alltid individuella.

– Många tar kontakt gråtande, andra arga, vissa uppgivna. Alla känslor är tillåtna. Det finns inget rätt eller fel sätt att reagera på en allvarlig sjukdom, och det vet våra specialutbildade yrkespersoner, säger Tähkä.

Samtalen i Luoto-tjänsten är alltid konfidentiella. Tröskeln att ta kontakt är låg, och det är möjligt att vara anonym. Tjänsten är kostnadsfri och kräver ingen remiss.

Lyssnande ger lättnad

Luoto-professionellas uppgift är att lyssna, ställa

frågor och hjälpa till att strukturera tankarna. Ofta uppstår lättnad bara genom att få prata.

– Tillsammans söker vi klarhet och metoder som kan underlätta den nya livssituationen. Redan det att man får tala och att någon verkligen lyssnar gör stor skillnad, säger Tähkä.

Efter samtalen tackar många för att någon tog sig tid att lyssna och förklarade saker på ett begripligt sätt. Enligt cancerorganisationerna är just detta – att bli

sedd och hörd – det mest värdefulla stödet.

FINDEMENTIA

Major dementia prevention study surges ahead – over 10,000 already enrolled!

Hope of preventing memory diseases is growing fast. Finland's national FinDementia study has already completed more than 10,000 first visits – with over 6,000 more appointments booked. The study, launched in spring 2026, investigates whether the shingles vaccine can reduce the risk of dementia. The target is around 33,000 participants aged 76 and older from across Finland. There is still room for more volunteers until the end of March 2027.

“The study has progressed extremely well. The large number of participants and long-term register follow-up provide a strong foundation for answering whether the vaccine can help prevent memory diseases,” says Arto Palmu, Scientific Director at FVR – Finnish Vaccine Research.

Participants' health will be followed for years through national health registers. The first results are expected in 2030.

FinDementia is a unique study that could open new ways to protect the brain. If you are 76 or older and interested, more information is available at fvr.fi/findementia.

Source: FVR – Finnish Vaccine Research

VACCINATION

Chickenpox gets a new opponent – Finland offers free vaccination to adults

Chickenpox is usually associated with childhood, but catching it as an adult can be a much tougher experience. Finland is now expanding protection. From August 1, 2026, adults without immunity to chickenpox can receive the vaccine free of charge as part of the national vaccination programme.

The offer applies to people born in 2005 or earlier who have neither had chickenpox nor previously been vaccinated against it. Vaccination is voluntary and free. Particular attention is being paid to people about to begin treatments that strongly weaken the immune system, those planning a pregnancy and healthcare professionals.

Chickenpox is caused by the varicella-zoster virus. Most cases are mild, but complications such as pneumonia and encephalitis can occur. Finland's wellbeing services counties are responsible for organising the vaccinations and will provide information about local vaccination arrangements.

Time and place: From August 1, 2026; vaccination locations and arrangements vary by wellbeing services county in Finland.

Reference: Finnish Institute for Health and Welfare

EVENTS

TODAY

KONSTRUNDAN

Studios around Vaasa welcome visitors this weekend



This weekend, the public will get a rare behind-the-scenes look at Finnish art. Konstrundan opens hundreds of studios and workshops around Finland, including more than ten locations in the Vaasa area.

On Saturday and Sunday, 5-6 September 2026, from 11:00 to 17:00, professional artists, craftsmen and designers invite visitors into their workspaces. Admission is free, giving you a chance to meet creators, discover their techniques and perhaps find a unique piece of art to take home.

Konstrundan has been arranged since 2008. Last year, the event attracted more than 35,000 visitors, while this year around 427 creative professionals and artist residencies are participating.

Time: 5-6 September 2026, 11:00-17:00 Location: Studios and workshops in the Vaasa area and around Finland. Admission: Free admission. Source: <https://www.konstrundan.fi/en/start/>

METEORIIHI

When space struck Earth – Meteorian open today at 12-16



Dive into the story of a crater formed over 520 million years ago – from the meteorite impact to today's farmland and Natura 2000 area. Explore rare meteorites, old farming machinery, an astronomical observatory, and a bird tower in one of Finland's most important crane resting sites. A solar system model and crater scale model bring the cosmos down to earth. Don't miss this journey through deep time!

Source: <http://www.meteorio.fi>

SEPTEMBER

BOTNIA INDUSTRIAL DAY

Gigantic industrial investments bring a new industrial event to Vaasa – Botnia's Industry Day on 8.9.2026 invites you to participate in the heart of growth!



Ostrobothnia is bubbling with the power of industry. Data centre investments worth hundreds of millions of euros and billions of euros in projects in the energy cluster will transform the west coast into Finland's fastest growing industrial area. Now these opportunities are gathered under one roof: Botnia's Industry Day will be held on Tuesday, September 8, 2026 at Vaasa City Hall from 9:00 to 17:00.

VAASA CITY THEATRE

Tinakenkäyttö – a musical about Kaija Koo's life



On the Romeo stage, the premiere musical The Tin Shoe Girl will be lit. The work, which draws inspiration from Kaija Koo's life, combines fact and fiction, growth and survival. Marco Bjurström's direction promises familiar hits, strong emotions and spectacular musical brilliance – exactly the kind of brilliance that will be discussed for a long time.

Premiere Sept 10, 2026

LAPUA

Lapua International Organ Festival: Finland's largest organ gets world stars 14.9.26

About every other year. in Lappo Cathedral. Finland's largest church

organ. Then it happens: Lappo International Organ Festival. Performing organists are among the world's elite. The organizer is the Lappo Organ Festival Association, which doesn't exactly boast about it – but those who know know."The organ rumbles and whispers. It is an experience that will last for a while. Check the tickets on the association's website. And be quick – the seats are limited, the soundscape is endless. Source: Bothnia Classic

WASA TEATER

"Tillsammans"-premiere on September 19, 2026



On September 19, "Tillsammans (Together)" will premiere on Wasa Theatre's main stage in Vaasa. The performance is based on Lukas Moodysson's story and has been dramatized for stage by Maria Lundström. Here, the audience moves to a housing collective in a Stockholm suburb – in the middle of 1970s idealism, music, fashion and social debate.

Everyone wants to change the world – but no one gets along

In the collective, there are big dreams of a different way of life. But when people with different personalities and life choices have to share everyday life, conflicts soon arise.

Photo: Wasa Teater

KUNTSI

Marja Pirilä's Camera Obscura opens at 19.9.2026



As autumn darkness settles over Vaasa, a special kind of light magic comes alive at Kunsti Museum of Modern Art. From 19 September 2026 to 9 January 2027, the extensive exhibition Marja Pirilä – Camera Obscura invites visitors into poetic, multi-layered visual worlds.

STREETDANCE 24.9.2026

Baroque music meets street dance – young dancers give new energy to the

classics

Baroque music will have a whole new expression when Vaasa Baroque invites you to Breaking Baroque on Thursday 24 September at 19.15 at the Ritz in Vaasa. Together with dancers from Tanssikoulu Kipinä, works by Johann Sebastian Bach, Antonio Vivaldi and Jean-Philippe Rameau, among others, will be interpreted in street dance, hip hop and show dance. Choreographer Jenna Linnolahti has created the movements together with the young dancers Micaella Cornelio, Alissa Haataja, Susanne Hienonen, Kalle Lorenz, Fiona Puska and Benjamin Svahn. Jazz singer Kaisa Sainio performs baroque songs and the Vasa Baroque Ensemble plays under the direction of violinist Anthony Marini. The artistic design is by Kajsa Dahlbäck.

The performance lasts about 45 minutes, is suitable for all ages and is followed by an artist discussion. The secondary schools in Vaasa, Närpiö and Teuva are offered to see it during school hours. Tickets: netticket.fi/vaasa-baroque-syksy-host-26 Source: vaasabaroque.com

OCTOBER

CITY ORCHESTRA

Pepe Willberg 80 – a legend in Finnish music – comes to Vaasa on Oct 1, 2026



Motopark, Creative Commons Attribution-Share Alike 4.0

Pepe Willberg turns 80 this year, and the anniversary will also be celebrated in Vaasa. On Thursday 1 October 2026 at 18:00, the anniversary concert "I got everything from life" will be held at Vaasa City Hall. Willberg's career began back in the 1960s, so it will be quite a journey back in time to Finland's popular music history on stage. The Vaasa Philharmonic Orchestra will be conducted by Satu Simola, and Willberg will be joined by Pete Nikkinen, Ako Kiiski, Leevi Leppänen and Lauri Schreck. The program will feature well-known music from the decades, and the evening will also include stories about the stages of a long career. 80 years and more than six decades of music – it already has such a repertoire that there should be no shortage of songs to sing right away. Location: Vaasa City Hall, Senaatinkatu 1, Vaasa. Time: 1.10.2026 at 18.00.

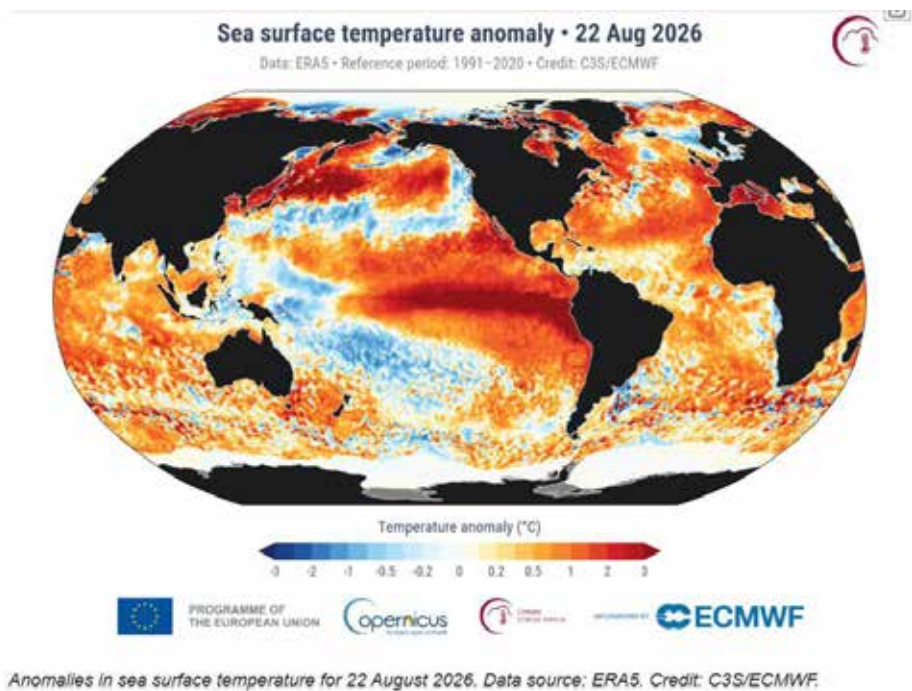
RITZ

Michael Bleu and Emma Darling warm up the Ritz

CLIMATE CHANGE

WATER TEMPERATURE

World's Oceans Smash Heat Record



The world's oceans have just reached a startling new milestone. On 22 August 2026, the average surface temperature of the global ocean outside the polar regions reached 21.1°C, according to the EU's Copernicus Climate Change Service. That is the highest daily value in the available record, which extends back to 1979. The previous record was 21.09°C, recorded in March 2024.

The timing is particularly striking. Ocean surface temperatures around the globe normally reach their annual peak in March and April. This time, the record arrived in August – and it also surpassed the previous August record of 20.98°C, set in 2023.

Scientists say the underlying driver is the long-term warming caused by human activity. But another factor is now adding extra heat: El Niño is developing in the tropical Pacific and is expected to strengthen in the coming months.

Samantha Burgess, Strategic Lead for Climate at ECMWF, says the new record is a clear warning:

“This record is another clear signal of an ocean

under growing stress. El Niño is adding heat to the system, but it is doing so on top of decades of human-driven warming.”

She adds that the number of days affected by marine heatwaves worldwide has more than tripled since the early 1990s.

Why does this matter? Warmer oceans can contribute to rising sea levels and increase the potential for intense rainfall and some storms. Marine ecosystems such as coral reefs and seagrass meadows are also vulnerable to prolonged heat. At the same time, warmer seawater becomes less efficient at absorbing carbon dioxide from the atmosphere.

For scientists, the next question is crucial: will this be a brief spike, or the beginning of a longer period of exceptional ocean heat? Copernicus researchers are monitoring the data closely.

Source: Copernicus Climate Change Service, 24 August 2026.

RUSSIA

NEWS FROM RUSSIA

Everything goes according to plan in the eternal three-day war



Ironic banter about a serious matter

MOSCOW. The special military operation, which was originally planned to be completed in three days, has now passed 1,600 days. It is of course proceeding according to schedule and is expected to last another three years. Everything is going exactly as it should.

The petrol shortage is a shining example of strategic genius. Up to 70 per cent of the country's petrol stations are struggling to meet demand. In Moscow and other cities, motorists are in hour-long, sometimes day-long queues to refuel – if there is anything to refuel at all. In some regions, rations of 20-50 litres per car have been introduced. Of course, this is not a crisis. It is a well-planned exercise in national endurance and collective discipline.

When the world's largest oil producer is forced to import gasoline from neighboring countries and empty its strategic stockpiles, it is just further

proof of how well thought out the operation is.

Burning refineries? Absolutely according to plan. Ukrainian drones have systematically hit plant after plant – Kapotnya, NORSI, Perm, Afipsky and many more. The production of gasoline has dropped to about 25 per cent. Factories are at a standstill for months. Black columns of smoke rise into the sky over the Volga region and Siberia. This is not sabotage. It is an advanced form of economic modernization in which unnecessary production units are weeded out to strengthen the domestic market.

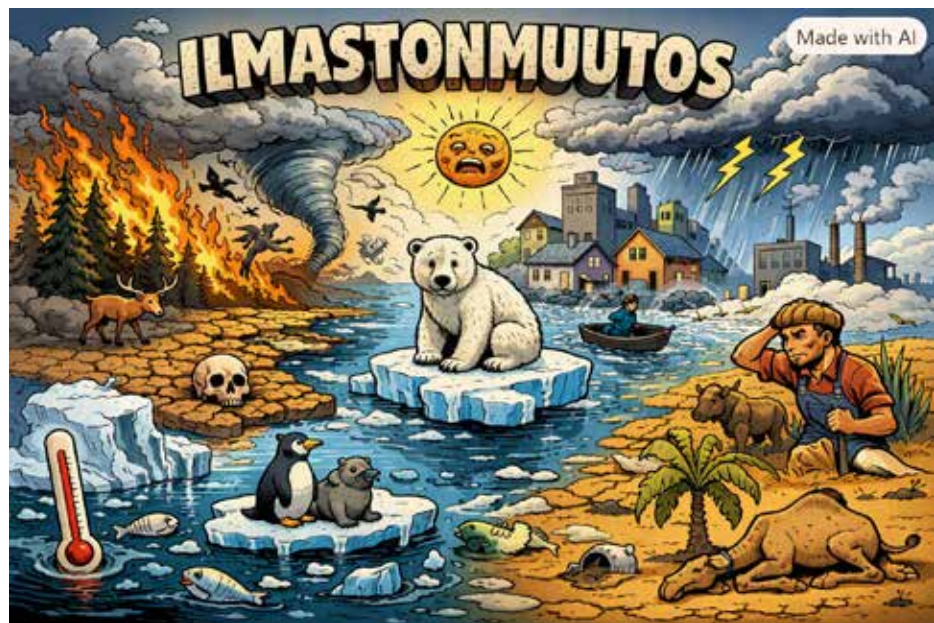
Burning warehouses and logistics hubs follow the same logic. Wildberries hubs, ammunition depots and oil terminals go up in flames with admirable regularity. It creates jobs in the fire brigade and gives the population a living demonstration of what happens when you don't stick to the correct worldview. And the population is taught that it is

really completely unnecessary to shop online.

Sinking ships in the Black Sea and the Sea of Azov? That too is part of the plan. The tankers and cargo ships of the Shadow Fleet are hit, burned and go to the bottom. Exports are disrupted, but it is only a temporary diversion of the trade routes. Every lost ship is one step closer to final victory.

In the Kremlin, they are satisfied. „Everything is going according to plan,“ is repeated with the calm conviction that only those who have seen 1,600 days of success can muster. The operation has already delivered historic results: an energy superpower with a fuel shortage, a fleet practicing diving, and a people queuing patiently in the dark.

Three more years of the same tactical brilliance await. Then the three-day special operation will finally reach its logical end – just as it was always intended. And just according to plan thanks to an ingenious warlord.



Climate change

UKRAINE PRESIDENT

The President Discussed Ukraine’s Defense Needs and the Necessity of Progress in Diplomacy with Mark Rutte and Alexander Stubb



4 September 2026 - 19:50

President of Ukraine Volodymyr Zelenskyy held phone calls with NATO Secretary General Mark Rutte and President of Finland Alexander Stubb.

The Head of State briefed them on the situation with Russian strikes, Ukraine’s defense needs, and preparations for meetings with envoys of the President of the United States.

“Mark and I see the need for progress in diplomacy in the same way, and the meetings taking place in the coming days

could be useful,” Volodymyr Zelenskyy said following his conversation with the NATO Secretary General.

The President thanked the partners for hearing Ukraine’s need to cover the gap in defense funding and for working on this.

Mark Rutte briefed the President on his conversations regarding the financing of the PURL initiative and the Patriot missiles Ukraine needs.

The Head of State thanked the President of Finland for keeping Ukraine front and center and for

their joint work to bring greater security to both countries and peoples.

“We must do everything possible to end this insane Russian war and guarantee a normal life. We are working together,” Volodymyr Zelenskyy stressed following his conversation with the President of Finland.

Alexander Stubb assured him of Finland’s steadfast support for Ukraine and the peace process. The leaders coordinated their next steps.

Read more: [https://www.president.](https://www.president.https://www.president.)

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ART EXPERIENCE OF THE WEEK



Albert Edelfelt
21.7.1854, Kiialan kartano, Porvoon mlk
18.8.1905, Haikko, Porvoon mlk
Portrait of Signe Kolster, 1899
Finnish National Gallery Collection / Ateneum Art Museum
Photo: Finnish National Gallery / Hannu Pakarinen

George Orwell
1984
Part 43

‘When you make love you’re using up energy; and afterwards you feel happy and don’t give a damn for anything. They can’t bear you to feel like that. They want you to be bursting with energy all the time. All this marching up and down and cheering and waving flags is simply sex gone sour. If you’re happy inside yourself, why should you get excited about Big Brother and the Three-Year Plans and the Two Minutes Hate and all the rest of their bloody rot?’

That was very true, he thought. There was a direct intimate connexion between chastity and political orthodoxy. For how could the fear, the hatred, and the lunatic credulity which the Party needed in its members be kept at the right pitch, except by bottling down some powerful instinct and using it as a driving force? The sex impulse was dangerous to the Party, and the Party had turned it to account. They had played a similar trick with the instinct of parenthood. The family could not actually be abolished, and, indeed, people were encouraged to be fond of their children, in almost the old-fashioned way. The children, on the other hand, were systematically turned against their parents and taught to spy on them and report their deviations. The family had become in effect an extension of the Thought Police. It was a device by means of which everyone could be surrounded night and day by informers who knew him intimately.

Abruptly his mind went back to Katharine. Katharine would unquestionably have denounced him to the Thought Police if she had not happened to be too stupid to detect the unorthodoxy of his opinions. But what really recalled her to him at this moment was the stifling heat of the afternoon, which had brought the sweat out on his forehead. He began telling Julia of something that had happened, or rather had failed to happen, on another sweltering summer afternoon, eleven years ago.

It was three or four months after they were married. They had lost their

way on a community hike somewhere in Kent. They had only lagged behind the others for a couple of minutes, but they took a wrong turning, and presently found themselves pulled up short by the edge of an old chalk quarry. It was a sheer drop of ten or twenty metres, with boulders at the bottom. There was nobody of whom they could ask the way. As soon as she realized that they were lost Katharine became very uneasy. To be away from the noisy mob of hikers even for a moment gave her a feeling of wrong-doing. She wanted to hurry back by the way they had come and start

searching in the other direction. But at this moment Winston noticed some tufts of loosestrife growing in the cracks of the cliff beneath them. One tuft was of two colours, magenta and brick-red, apparently growing on the same root. He had never seen anything of the kind before, and he called to Katharine to come and look at it.

‘Look, Katharine! Look at those flowers. That clump down near the bottom. Do you see they’re two different colours?’

She had already turned to go, but she did rather fretfully come back for a moment. She even leaned out over the cliff face to see where he was pointing. He was standing a little behind her, and he put his hand on her waist to steady her. At this moment it suddenly occurred to him how completely alone they were. There was not a human creature anywhere, not a leaf stirring, not even a bird awake. In a place like this the danger that there would be a hidden microphone was very small, and even if there was a microphone it would only pick up sounds. It was the hottest sleepiest hour of the afternoon. The sun blazed down upon them, the sweat tickled his face. And the thought struck him...

‘Why didn’t you give her a good shove?’ said Julia. ‘I would have.’

‘Yes, dear, you would have. I would, if I’d been the same person then as



I am now. Or perhaps I would--I’m not certain.’

‘Are you sorry you didn’t?’

‘Yes. On the whole I’m sorry I didn’t.’

They were sitting side by side on the dusty floor. He pulled her closer against him. Her head rested on his shoulder, the pleasant smell of her hair conquering the pigeon dung. She was very young, he thought, she still expected something from life, long after you were dead, that from an inconvenient person over a cliff solves nothing.

‘Actually it would have made no difference,’ he said.

‘Then why are you sorry you didn’t do it?’

‘Only because I prefer a positive to a negative. In this game that we’re playing, we can’t win. Some kinds of failure are better than other kinds, that’s all.’

He felt her shoulders give a wriggle of dissent. She always contradicted him when he said anything of this kind. She would not accept it as a law of nature that the individual is always defeated. In a way she realized that she herself was doomed, that sooner or later the Thought Police would catch her and kill her, but with another part of her mind she believed that it was somehow possible to construct a secret world in which you could live as you chose. All you needed was luck and cunning and boldness. She did not understand that there was no such thing as happiness, that the only victory lay in the far future, long after you were dead, that from the moment of declaring war on the Party it was better to think of yourself as a corpse.

‘We are the dead,’ he said.

‘We’re not dead yet,’ said Julia prosaically.

‘Not physically. Six months, a year--five years, conceivably. I am afraid of death. You are young, so presumably you’re more afraid of it than I am. Obviously we shall put it off as long as we can. But it makes very little difference. So long as human beings stay human, death and life are the same thing.’

HUMOUR ONE HUND-RED YEARS AGO

.WEATHER FORECAST?

-Miss Johanson, you are the sunshine of my life. Your smile falls like a gentle dew on my soul. By your side, I could defy all the storms and storms of the world.

-Is this a marriage proposal or a weather report?

CONSCIENCE

Auntie: Your conscience always tells you when you're not doing the right thing.

Lillian: Who is it talking to?

Aunt: For you.

Lillian: It was too good then! I thought it would gossip for you or mom

cleaned at Augusta Blomberg's.

THE CAUSE.

I just can't stand the sound of a car horn. Why not? I will tell you that some time ago my driver stole my car and ran away with my wife, and every time I hear a car horn, I fear that he will come back with her.

DOCTOR

Doctor: »Listen, I have to tell you. Something has happened to me today that has never happened to me in my entire time as a doctor.

- Well, tell me, you must have cured someone.

EXACTLY BECAUSE.

Man: I don't think you'd take that maiden, Henrietta. Think, she has been with no less than ten families in the course of a year! Wife: That's exactly why I'm taking her. What interesting stories she must be able to tell about these ten families.

HELPFULNESS.

The conductor: You really have to get on, if you want to join; the train is going now! Miss: But first I want to give my sister a kiss. Conductor: Get up now, I'll take care of the rest.

THE EXPLANATION.

Police constable: I cannot understand where you got the strength to hold the big, strong thief. Wife: Well, you see, it was really dark, and so I thought it was my husband who wanted to run away with the maid.

ADVERTISEMENT FROM THE DAILY PRESS.

"Impure fantasies"

Astronomic picture of the week:



Gemini South Captures Planetary Nebula CVMP 1

The international Gemini Observatory composite color image of the planetary nebula CVMP 1 imaged by the Gemini Multi-Object Spectrograph on the Gemini South telescope on Cerro Pachón in Chile.

Credit:

International Gemini Observatory/NOIRLab/NSF/AURA
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BLOG WRITERS

Join Wasa Daily as a Blog Writer! Are you passionate about sharing your thoughts, stories, or expertise with the community? Wasa Daily is looking for enthusiastic blog writers to contribute engaging content for our readers.

Whether you love writing about local events, culture, lifestyle, business, or personal experiences, we welcome your voice!

Writing for Wasa Daily is a great opportunity to reach a wider audience, connect with fellow locals, and showcase your creativity. No prior experience is needed—just bring your ideas and enthusiasm! We value diverse perspectives and fresh voices that reflect the vibrant spirit of our community.

Interested? Send us your blog pitch or a short sample, and let's get your words published! Join us in making Wasa Daily a platform for meaningful conversations and inspiring stories.

Contact us at wasadagblad@gmail.com for more details. We can't wait to hear from you!

WASA DAILY

A modern newspaper with a layout with features of the press of the 1870s. Back then, newspapers had only 4-8 pages. Lots of text, but no images at all, so there's a lot to read on a few pages. Our paper is one of the very few newspapers in English serving English-speaking inhabitants in the Osthrotonia region

The magazine contains quotations from old daily newspapers taken from the National Archives (digi.kansalliskirjasto.fi). GPT3, Gemini, Aria and Monica do some of the routine editing work, such as translation, corrector reading, and short notice writing. All texts have been checked by journalists and the editorial staff is responsible for all the content of the texts.

Wasa Daily is a daily newspaper type publication, so far it is published on Sunday mornings. But our goal is for it to come out every morning in the future. The magazine is available online for free.

Editor-in-chief Hans Björknäs. Readers' writings are welcome! The magazine is locally owned and will remain so. For ever! Editorial office: Wasa Daily, Koulukatu 37 B 7, 65100 Vaasa, tel. +358-40-5462455. Helsinki editorial office: Wasa Daily, Toinen linja 9 B 36, 00530 Helsinki. Phone +358-40-5462455. Email: wasadagblad@gmail.com

FROM OUR READERS

We very much welcome submissions from our readers. Comments, stories, memories, debate, news from home. Probably this will be the most important part of this spring paper. But space is limited, so please write as short as possible! So please send posts to: wasadagblad@gmail.com

ADVERTISE

Being among the first to advertise in this historic and hyper-modern daily may have some PR value. Send ads to wasadagblad@gmail.com

WASA DAILY

wasadagblad@gmail.com

HOROSCOPE FOR SEPTEMBER 2026

September Horoscope for the Gluten-Free Stars

Aries (March 21–April 19)
You'll boldly march into September – straight past the bread basket. Friends admire your will-power, even if the garlic bread flirts with you.

Taurus (April 20–May 20)
Comfort food calls, but your inner gourmet finds joy in new gluten-free recipes. September's motto: brownies can still be life-changing.

Gemini (May 21–June 20)
You'll be double-booked socially – luckily, you've mastered the art of discreetly asking waiters about cross-contamination. Your charm smooths every menu question.

Cancer (June 21–July 22)
Your sensitive stomach meets your sensitive soul. Good news: the stars show an abundance of gluten-free snacks arriving just when you need them most.

Leo (July 23–August 22)
Spotlight's on you at the dinner table. With confidence, you show others that gluten-free isn't a restriction – it's a culinary adventure. Applause guaranteed.

Virgo (August 23–September 22)
This is your month! Organization shines: you label your flours, conquer the kitchen, and become a gluten-free wizard. Friends beg for your recipes.

Libra (September 23–October 22)
You'll weigh your options between oat milk and almond milk – balance is everything. Don't worry, both go beautifully with your cookies.

Scorpio (October 23–November 21)
Passion is your theme – and it even applies to gluten-free pasta. September brings intensity, but remember: not every debate about pizza bases needs stings.

Sagittarius (November 22–December 21)
Adventures await! You'll discover a new gluten-free café or a recipe that makes travel less

risky. Your optimism is more infectious than sourdough starter.

Capricorn (December 22–January 19)
Practical as always, you plan ahead: snacks in your bag, gluten-free crackers in the car. September rewards your foresight with stress-free outings.

Aquarius (January 20–February 18)
Innovation rules your diet this month. Chickpea flour pancakes? Cauliflower crust pizza? The stars applaud your bold experiments. Even skeptics will ask for seconds.

Pisces (February 19–March 20)
Dreamy September brings comfort in soups and safe bread alternatives. Trust your intuition – it will guide you toward the coziest gluten-free gatherings.

☐ **September is proof: you don't need gluten to sparkle.**